

**The Academy of Chinese Culture
and Health Sciences**

**Tui Na Massage Therapy Program
Catalog**





Master Tsuei and his calligraphy in both Chinese and English:

Yin and Yang are the Tao (way) of Heaven and earth, the great principle and outline of everything, the parents of change, the root and source of birth and destruction, the palace of God.

— From «Nei Jing», it was written by ancient Chinese philosopher/physician about 2,500 years ago.

Yin and yang are the Tao (Way) of
 Heaven and Earth 陰陽之大道
 : The great principle and
 Outline of Everything 萬物之綱紀,
 The parents of Change 變化之父母,
 The Root and Source of Birth and
 Destruction 生殺之始末, The palace
 of God 神明之府也。

Wu Tsuei 符華 試書 8.6.3.

Front cover: Most of the pictures were copied from a painted silk shroud that was excavated in 1972 in Changsha, China. It was identified as being 2,100 years old. The top images symbolize Yin and Yang with paintings of the sun holding a crow, and the moon holding a toad and a rabbit. The Five Elements are depicted as five birds, corresponding with a legend that the earliest form of acupuncture was a pecking bird.

ACCHS

Certificate in Asian Medical Bodywork Program

Catalog

Effective: January 1, 2025 - December 31, 2027



All classes held at:

Academy of Chinese Culture and Health Sciences

1600 Broadway, Oakland, CA 94612

Office: (510) 763-7787 Clinic: (510) 763-1299 FAX: (510) 834-8646

Web site: <http://www.acchs.edu> E-mail address: info@acchs.edu

INSTITUTIONAL FISCAL DISCLAIMER

ACCHS has no pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, and has not had a petition of bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101 et seq.)



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President's Message

Over 20 years ago, Sifu Wei Tsuei, the founder and president, asked me about my beliefs. He asked me what I found to be true in life. I remember the encounter because I answered that truth could be found in the nature of all things, if one knew how to look for it. At the time, I did not realize the gravity of the moment. However, after he hired me, Dr. Tsuei explained that my answer intrigued him; because I had touched on the essence of ACCHS. He explained that the principle underlying the formation of ACCHS is the Tao of nature, the theory of Ying-Yang and the principles of oneness of the universal, earth, and human being (three into one). He then pointed to his calligraphy and recited, “Ying and Yang are the Tao (way) of heaven and earth.”

As Acting President of ACCHS, it is my honor to perpetuate Dr. Tsuei's legacy, his dream to unite East and West, America and China, Western medicine and Chinese medicine. Since my beginnings at ACCHS, TCM has become a popular and positive ally in the pursuit of balance and health. The world has witnessed the good that TCM has brought – and the phenomenon is spreading around the world faster than ever before. At ACCHS, we have always maintained that balance begins with understanding the oneness (three into one), the cultivation of the intellect, and the comprehension of human nature. As Dr. Tsuei always said, “you must first learn to heal yourself before you learn to heal others.”

At ACCHS, our students learn to examine the physical and spiritual, to exercise balance and health through the lens of both philosophy and science. As one of the oldest schools of TCM in the nation, we believe our approach towards education best suits those individuals looking for more than a degree and license; because we offer much more than courses and grades. We offer the promise of evolution, community, and balance. This is what has always separated ACCHS from all other schools. Our aim has always been to pursue, through the medium of medical learning, the goal of an ideal society and civilization, and to make a significant contribution towards the development and prosperity of mankind. This is the principle underlying the Academy of Chinese Culture and Health Sciences today.

Sincerely,
Andres Bella MA, President



ACADEMIC CALENDAR 2025-2026

| Spring 2025 | Summer 2025 | Fall 2025 |
|---|--|---|
| Classes Begin January 6, 2025 | Classes Begin May 5, 2025 | Classes Begin September 2, 2025 |
| Registration Date Nov. 19 - Dec. 10, 2024 | Registration Date Apr. 1 - Apr. 15, 2025 | Registration Date July 30 - Aug. 20, 2025 |
| Last Day to Drop March 23, 2025 | Last Day to Drop July 7, 2025 | Last Day to Drop November 2, 2025 |

ACADEMIC CALENDAR 2026-2027

| Spring 2026 | Summer 2026 | Fall 2026 |
|---|--|---|
| Classes Begin January 5, 2026 | Classes Begin May 4, 2026 | Classes Begin August 31, 2026 |
| Registration Date Nov. 19 - Dec. 10, 2025 | Registration Date Apr. 1 - Apr. 15, 2026 | Registration Date July 29 - Aug. 19, 2026 |
| Last Day to Drop March 8, 2026 | Last Day to Drop July 5, 2026 | Last Day to Drop Nov. 1, 2026 |

Institutional Statement of Purpose

The Academy of Chinese Culture and Health Sciences was established in 1982 as a non-profit institution offering a professional education in traditional Chinese medicine and Tui Na bodywork within the context of Chinese culture.



Approval and Disclosure Statements

Business and Professions Code - BPC

DIVISION 2. HEALING ARTS [500 - 4999.129] (Division 2 enacted by Stats. 1937, Ch. 399.)

CHAPTER 10.5. Massage Therapy Act [4600 - 4621] (Chapter 10.5 added by Stats. 2014, Ch. 406, Sec. 2.)

4611. (a) It is an unfair business practice for a person to do any of the following:

(1) To hold himself or herself out or to use the title of “certified massage therapist” or “certified massage practitioner,” or any other term, such as “licensed,” “certified,” “CMT,” or “CMP,” in any manner whatsoever that implies or suggests that the person is certified as a massage therapist or massage practitioner, unless that person currently holds an active and valid certificate issued by the council pursuant to this chapter.

(2) To falsely state or advertise or put out any sign or card or other device, or to falsely represent to the public through any print or electronic media, that he or she or any other individual is licensed, certified, or registered by a governmental agency as a massage therapist or massage practitioner.

(b) In addition to any other available remedies, engaging in any of the prohibited behaviors described in subdivision (a) constitutes unfair competition under Section 17200. (Added by Stats. 2014, Ch. 406, Sec. 2. (AB 1147) Effective January 1, 2015. Repealed as of January 1, 2021, pursuant to Section 4621.)

The ACCHS CAMTC school approval code is SCH0026. Attendance and/or graduation from a California Massage Therapy Council approved school does not guarantee certification by CAMTC. Applicants for certification shall meet all requirements as listed in California Business and Professions Code section 4600 et. seq.

A student or any member of the public with questions that have not been satisfactorily answered by the school or who would like to file a complaint about this school may contact the California Massage Therapy Council at One Capitol Mall, Suite 800, Sacramento, CA. 95814, www.camtc.org, phone (916) 669-5336, or fax (916) 669-5337.



Approval and Disclosure Statements (cont.)

The Academy of Chinese Culture and Health Sciences and its following programs are accredited by the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM):

(1) Master of Acupuncture with a Chinese herbal medicine specialization (offered in English and in Mandarin)

(2) Doctor of Acupuncture and Oriental Medicine

ACAHM does not accredit any programs at the undergraduate/bachelor level.

The Certificate in Asian medical bodywork offered by ACCHS is approved to begin enrolling students but is not accredited by ACAHM. This program is eligible for ACAHM accreditation, and ACCHS is currently in the process of seeking ACAHM accreditation for the program. However, ACCHS can provide no assurance that accreditation will be granted by ACAHM. Graduates of an unaccredited program are not considered to have graduated from an ACAHM-accredited program and may not rely on ACAHM accreditation for professional licensure or other purposes.

The entry-level professional Doctor of Acupuncture and Chinese Herbal Medicine (DACCHM) degree program offered by ACCHS is approved to begin enrolling students but is not accredited by ACAHM. This program is eligible for ACAHM accreditation, and ACCHS is currently in the process of seeking ACAHM accreditation for the program. However, ACCHS can provide no assurance that accreditation will be granted by ACAHM. Graduates of an unaccredited program are not considered to have graduated from an ACAHM-accredited program and may not rely on ACAHM accreditation for professional licensure or other purposes. Accreditation status and notes may be viewed on the ACAHM Directory.

ACAHM is recognized by the United States Department of Education as the specialized accreditation agency for institutions/programs preparing acupuncture practitioners. ACAHM is located at 500 Lake Street, Suite 204, Excelsior, Minnesota 55331; phone 952/212-2434; <https://acahm.org>

Public Disclosure Statement Effective as of August 13, 2025

The Academy is a Private Not-For-Profit California Public Benefit Corporation that has been approved to operate by the Bureau for Private Postsecondary Education. “Approved to operate” means compliance with state standards as set forth in the California Private Postsecondary Act of 2009. The Academy has been granted tax exempt status under 501(c)(3) of the U.S. Internal Revenue Code of 1954.

Persons seeking to resolve problems or complaints should utilize the grievance procedure as presented in this catalog. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education (BPPE) at Address: 1747 N. Market Blvd. Ste 225, Sacramento, CA. 95834; P.O. Box 980818, West Sacramento, CA. 95798-0818; Web site Address: www.bppe.ca.gov; Telephone and fax #s (888) 370-7589 or by fax (916) 263-1897; (916) 574-8900 or by



fax (916) 263-1897. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the Bureau's web site www.bppe.ca.gov.

This catalog outlines curriculum requirements, faculty information and course descriptions as per the effective date of issuance. The materials presented herein constitute the rules and regulations of the Academy and are intended to be accurate, complete, and binding. However, the Academy reserves the right to update or change any or all of these regulations to meet with all of the above accreditation requirements and/or the Academy's changing conditions. In the event of any change, written notice will be given, and such notice will post as an addendum to the catalog. All information in this school catalog is current and correct and is so certified as true by Andres Bella, President. Effective dates 1/1/2025 - 12/31/2027

Prospective students are encouraged to visit the school and discuss educational plans with the Admissions office. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement

Board of Directors and Administration

Eva WuChoi, MBA

Jane Zhang, B.A

Leon Jew, JD

Hongji Hu, DAOM

Rong Yuan Zhao, MSTCM, L.Ac.

Bella, Andres M.A., President

Zhao, Rongyuan, MD (China), MSTCM, L.Ac., Vice-president

Laurenzi, Joshua, DAOM, L.Ac., Dean of Programs (Title IX Decision-Maker)

Kuo, Zheng-jie (Gerry), DAOM, L.Ac., Associate Dean of Programs

Feng, Sihan (Rebecca), MSTCM, L.Ac., Dean of Students (Title IX Coordinator)

Morris, Beth, MLIS, Librarian

Diskin, Jon, MSTCM, L.Ac. Director of Admissions

Alvarez, Christopher, B.A., English Program Administrator

Ha, My Thi, MA, Associate Director of Clinical Education

Chen, Hongli, Chinese Program Admissions Administrator

Dang, Jessica, Registrar

Yu, Mandy, A.A., Financial Controller

Spartos, Dmitrius, MSTCM, L.Ac. Student Affairs Coordinator



The job classification code associated with the Certificate in Asian Medical Bodywork (formerly know as the Tuina Massage Therapy Certificate program) under the United States Department of Labor’s Standard Occupational Classification code is 51.3501.

Asian Medical Bodywork Statement of Purpose

The purpose of the Academy of Chinese Culture and Health Sciences CAMB program is to provide to its students a professional graduate level education in traditional Chinese medicine, with the skills necessary to obtain certificate and become competent health care providers in Asian Medical Bodywork.

CAMB Educational Goals

The program emphasizes the cultivation of a holistic view of the human body and the understanding of human returning to nature. CAMB program goals include:

- The CAMB program develops the student’s ability to analyze, evaluate, and effectively translate Chinese medical information into practical TuiNa use TCM.
- The CAMB program is designed to stimulate students to develop professional Asian medical skills, ethics, and confidence and help students to cultivate patients’ health, well-being, and inner harmony.
- The CAMB program will help students to understand the applications of Tui Na which are related to physiology, anatomy, and pathology, understanding adjunct therapy, modality theory, and technique.
- It is our goal to increase student understanding of human nature, so that our CAMB graduates can make a significant contribution toward the development, wellness, and prosperity of humanity.



CAMB Learning Outcomes

At the time of completion and CAMB student:

- Will be able to practice interpersonal massage therapy skills consistent with the techniques related to Chinese medicine.
- will be able to understand the applications of Tui Na as they are related to physiology, anatomy, and pathology of the body, understanding adjunct therapy, modality theory, and technique.
- Will understand and master professional skills, ethics, and confidence to help the patient develop their health, well-being, and inner harmony.
- Will have the business knowledge to operate an independent clinic or group practice.

Federal and State Financial Aid Programs

Students enrolled in the ACCHS Asian Medical Bodywork Certificate Programs (CAMB) are not eligible for state or federal financial aid assistance programs. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student has received federal student financial aid funds, the student is entitled to a refund of the moneys not paid from federal student financial aid programs.

Placement

The Academy posts notices of known job openings on a centrally located bulletin board and refers students to successful alumni and practitioners; though ACCHS offers no guarantee of employment.



Location and Facilities

The Academy of Chinese Culture and Health Sciences is located in vibrant Oakland, California, just across the bay from San Francisco. The Academy campus is near Oakland's City Center, and is easily accessed by the Bay Area Rapid Transit (BART) public transportation system. It is within two blocks of federal, state, and city government buildings, within a few blocks of Oakland's growing Chinatown community, which has an abundance of restaurants, shops, and herbal pharmacies. Also within walking distance are bookstores, copy shops, cafes, and many businesses, which represent Oakland's rich ethnic diversity. The building/facility is comprised of two floors, each floor approximately 8,000 square feet. Throughout the program, instructors use classroom space, massage tables, white boards, lecture notes and handouts, projectors, and overhead screens to facilitate learning.

Library

The library is divided into two sections (Chinese and English) with over 4,000 volumes of traditional Chinese medical and related publications. Students can borrow books with their student ID cards. Students can also do individual research or have group study in the reading rooms. Computers, TV, a copier, periodicals, and dictionaries, as well as videos are available for student and faculty use. The library also subscribes to online databases. The library is open Tuesdays, Thursdays, Saturdays from 9am-5pm.

NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at the Academy of Chinese Culture and Health Sciences is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the Asian Medical Bodywork Certificate you earn in the CAMB program is also at the complete discretion of the institution to which you may seek to transfer. If the Asian Medical Bodywork certificate that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the Academy of Chinese Culture and Health Sciences to determine if your CAMB credits will transfer.



About the CAMB Program and Training

The CAMB at ACCHS provides foundational and advanced training in Chinese therapeutic massage (Tuina), integrating principles of Traditional Chinese Medicine with practical clinical skills. Students gain expertise in meridian theory and acupoint location, Chinese orthopedic massage techniques, clinical assessment, treatment planning, and patient care. The program prepares graduates for professional practice as massage therapists specializing in Chinese manual therapy. It also provides an excellent pathway for students intending to pursue further study in acupuncture or Chinese herbal medicine. Throughout the program, instructors use classroom space, massage tables, white boards, lecture notes and handouts, projectors, and overhead screens to facilitate learning. A final exam is administered for every class.

The student must ensure that the clinical training, conducted under the supervision of program approved supervisors, consists of at least 60 treatments of student-delivered patient care, at least 30 minutes in duration, where student interns conduct patient interviews, perform diagnosis and treatment planning, perform appropriate medical bodywork treatments, and follow-up on patients' responses to treatment. The clinical training is separate and distinct from clinical training in other programs.

Admissions Statement

The Academy is committed to a policy of equal opportunity. Admission is open to all qualified applicants. Equal educational opportunities will be provided to all persons, regardless of race, religion, gender, national origin, marital status, sexual preference, age, or physical handicap. Candidates for admission are considered in the order in which they are completed.

English Program: Wednesday, Saturday, Sunday
Chinese Program: Monday - Friday

The Certificate in Asian Medical Bodywork program can be completed in three (3) x 15-week trimesters, which equals 45 weeks.



Admissions Requirements

The CAMB program applicants are beyond the age of compulsory school attendance in the state of California. However, applicants must have the recognized equivalent of a high school diploma and must have completed sufficient undergraduate studies (60-semester credits / 90 quarter credits, i.e. 900 hours), equivalent to at least two years of general education studies, or possess an A.A., B.A., or B.S. degree from an institution accredited by an agency recognized by the U.S. Department of Education. To enroll in English classes, applicants must demonstrate proficient language communication skills, (an interview may be required for non-english speaking applicants). To enroll in Chinese classes, applicants must demonstrate English language comprehension.

International applicants whose native language is not English are required to provide proof of English proficiency for admission to degree, certificate, and non-degree graduate programs. This must be demonstrated by one of the following means:

- four years at a U.S. high school demonstrably delivered in English.
- at least two-years (60 semester credits or 90 quarter credits) of undergraduate or graduate-level education in an institution accredited by an agency recognized by the U.S. Secretary of Education.
- at least two-years (60 semester credits or 90 quarter credits) of undergraduate or graduate-level education demonstrably delivered in English.
- high school or two-years (60 semester credits or 90 quarter credits) of undergraduate- or graduate-level education in an institution in one of the following countries or territories: American Samoa; Anguilla; Antigua & Barbuda; Australia; Bahamas; Barbados; Belize; Bermuda; Botswana; British Virgin Islands; Cameroon; Canada (except Quebec); Cayman Islands; Christmas Island; Cook Islands; Dominica; Federated States of Micronesia; Fiji; The Gambia; Ghana; Gibraltar; Grenada; Guam; Guyana; Ireland; Isle of Man; Jamaica; Kenya; Lesotho; Liberia; Malawi; Montserrat; Namibia; New Zealand; Nigeria; Norfolk Island; Papua New Guinea; Philippines; Pitcairn Islands; Sierra Leone; Singapore; South Africa; South Sudan; St. Helena; St. Kitts & Nevis; St. Lucia; St. Vincent & the Grenadines; Swaziland; Tanzania; Trinidad and Tobago; Turks and Caicos Islands; United Kingdom; U.S. Virgin Islands; Uganda; Zambia; Zimbabwe.



Applications must include:

- Application form
- 60-semester credits / 90 quarter credits, i.e. 900 hours), equivalent to at least two years of general education studies, or possess an A.A., B.A., or B.S. degree from an institution accredited by an agency recognized by the U.S. Department of Education.
- Copy of government issued ID
- Two passport-sized photographs
- Health exam results
- English language comprehension

Class sizes are limited to approximately 30 students per program.

Completion Requirements

In order to pass the CAMB program successfully, the student must:

- Complete all 555 hours and pass all courses related to the CAMB program.
- Have a good understanding of the concepts, modalities and techniques related to Asian medical bodywork therapy.
- Possess an independent ability to practice Asian medical bodywork techniques and therapies to patients and clients.

Attendance and/or graduation from a California Massage Therapy Council approved school does not guarantee certification by CAMTC. Applicants for certification shall meet all the requirements as listed in California Business and Professions Code section 4600 et. seq.



STRF (Student Tuition Recovery Fund)

The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program.

It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 1747 North Market Blvd., Suite 225, Sacramento, CA 95834. Phone: (916) 574-8900 or Toll Free: (888) 370-7589.

To be eligible for STRF, you must be a California resident or are enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.
2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution, or were enrolled in an educational program within the 120 day period before the program was discontinued.
3. You were enrolled at an institution or a location of the institution



more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.

4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law, or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of noncollection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.

The Office of Student Assistance and Relief is available to support prospective students, current students, or past students of private postsecondary educational institutions in making informed decisions, understanding their rights, and navigating available services and relief options. The office may be reached by calling (888) 370-7589 or by visiting (www.bppe.ca.gov)



Transfer Credit

The Academy may consider transfer hours from schools accredited by an agency recognized by the U.S. Department of Education. Based on the current curriculum, The Academy may accept transfer hours that may not make up more than 20 percent of the 555 hours required for certification. The Academy of Chinese Culture and Health Sciences has not entered into an articulation or transfer agreement with any other college or university.

The Academy may grant academic credit for a course taken previously, provided it was completed at:

- a university or college accredited by an agency recognized by the U.S. Department of Education;
- a post-secondary institution accredited or pre-accredited by an agency recognized by the U.S. Secretary of Education;
- a program approved by ACAHM, and if the course name, credits, and necessary course descriptions indicate that the course meets the requirement of the Academy. Any student who wishes to transfer prior credit must submit a written Transfer Credit Form to the program administrator for review.



Any student who wishes to transfer prior credit must submit a written Transfer Credit Form to the program administrator for review and receive approval.

In addition:

- Courses must be completed with a grade of 2.0 (C) or better; and the overall GPA for such courses must be 2.3 (C+) or better.
- Transfer courses completed more than five years earlier must be evaluated and approved by the Admissions Committee;
- Courses completed at foreign institutions must first be evaluated by a foreign transcript evaluation agency. Foreign courses may be transferred only upon the approval of the Admissions Committee;
- CAMB courses completed at an institution not accredited by an agency recognized by the U.S. Department of Education are not eligible for transfer.

Transfer Credit for Experiential Professional Learning and Challenge Exams

The Academy of Chinese Culture and Health Sciences does not accept or award credit for prior experiential learning. Challenge exams will not be allowed or considered.



English Language Proficiency Requirement

The Academy of Chinese Culture and Health Sciences does not admit students from other countries for the CAMB program. A student may be exempt from the English language assessment exams if they have successfully completed a two-year (60 semester credits or 90 quarter credits) baccalaureate level or graduate level education in an institution accredited by an agency recognized by the U.S. Department of Education. English language services, including ESL, are not provided by the Academy. If the applicant does not have a two-year (60 semester credits or 90 quarter credits) baccalaureate level or graduate level education in an institution accredited by an agency recognized by the U.S. Department of Education The Academy requires that international English and Chinese program applicant meet the TOEFL or IELTS requirements at the time of admission.

Applicants The Academy requires a TOEFL Web-based test score of 61 for The Academy requires that students maintain English proficiency for successful didactic and practical clinical training purposes. International students may complete the Test of English as a Foreign Language (TOEFL), the International English Language Testing System exam (IELTS), Duolingo English Test, China Standard of English Language (CSE), Cambridge First Certificate in English (FCE), Cambridge English Advanced (CAE), Common European Framework Reference (CEFR), Occupational English Test (OET), or Pearson Test of English (PTE) Academic.

The international applicant must have one of the following assessments at the required level:

| Assessment Tool | Acceptable Score |
|-------------------------|------------------|
| TOEFL iBT | Total: 61 |
| IELTS, Academic Format | Overall band: 6 |
| Duolingo English Test | 90 |
| China Standard of EL | CSE 6 |
| Cambridge First Cert. | C |
| Cambridge English Adv. | C |
| CEFR | B2 |
| OET | 250, C |
| Pearson Test of English | Overall: 45 |



Tui Na Curriculum

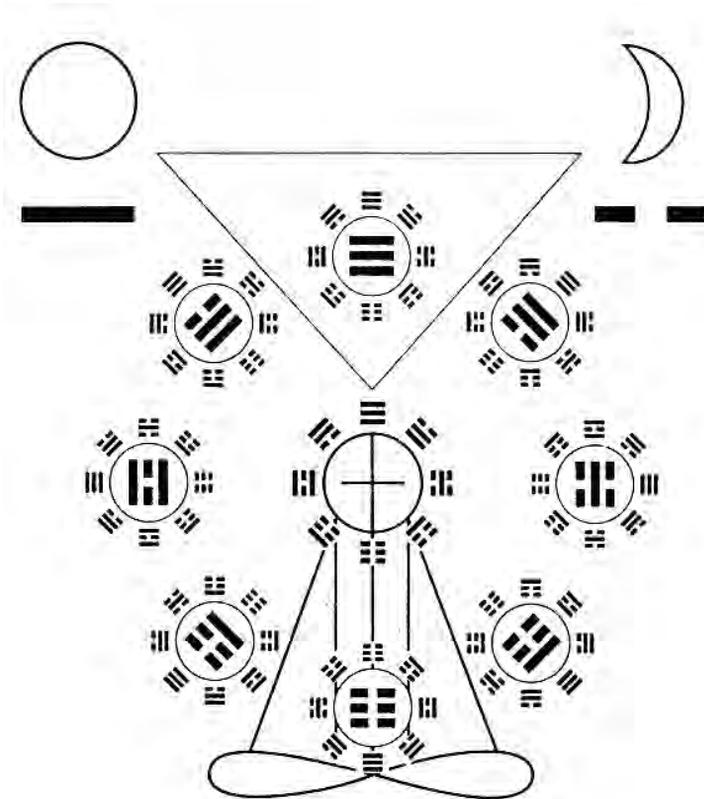
| Course Name | Course No. | Units/Hours |
|---|------------|-------------|
| Fundamental Anatomy & Physiology | MC01 | 4/60 |
| General Physiology | MC02 | 2/30 |
| Essentials of Tui Na Techniques (TT) | MC03 | 4/60 |
| Fundamental TCM Theory & Pathology | MC04 | 2/30 |
| Meridians and Acupoints | MC05 | 3/45 |
| Medical Terminology | MC06 | 1/15 |
| Ethics | MC07 | 1/15 |
| Public Health | MC08 | 2/30 |
| Western Medical Diagnosis | MC09 | 1/15 |
| Practice Management | MC10 | 2/30 |
| Treatment Planning and Pain Management | MC11 | 1/15 |
| Treatment & Contraindications of Common Ailments | MC12 | 3/45 |
| Massage Contraindications | MC13 | 1/15 |
| Fundamental Kinesiology & Sports Injury Tuina | MC14 | 2/30 |
| Clinical Applications (Case Studies) | MC15 | 2/30 |
| Clinical Practice | MC16 | 3/90 |
| Total Units/Hours required for completion | | 34/555 |



Practical Training

Students undergoing the practical training portion of the program are encouraged to invite friends and family to the Tui Na clinic for treatment at a cost of only \$20 per visit.

During the practical training portion of the curriculum, students will apply Tui Na theories and practice acquired techniques and skills on patients from the community. Experienced practitioners and ACCHS instructors supervise performed treatments.





Schedule of Total Charges (Fees and Expenses for the Period of Attendance)

| | |
|-----------------------------------|--------------------------|
| Program tuition fee: | \$20.60/hour (555 Hours) |
| 555 hours Tui Na program tuition: | \$11,433.00 |
| 1st Time Registration fee: | \$50 (non-refundable) |
| Total tuition and fees: | \$11,483.00 |

Estimated Schedule of Total Fees for the Entire Program

| | |
|------------------------------|-------------|
| Teaching material fee: | \$30 |
| School facility fee: | \$40 |
| Transcript Processing fee | \$20 |
| Total estimated fees: | \$90 |

Total Charges: **\$11,573.00**

| | |
|--|----------------------------|
| (NON-REFUNDABLE) California Student Tuition Recovery Fund: | \$.00 / \$1,000 of Tuition |
| Late tuition (installment) fee: | \$30.00 |
| Add/Drop course fee: | \$50.00 per form |
| Missing-hours make-up fee: | \$25.00 per hour |
| Irregular examination fee | \$75 per course |

Students should be prepared to pay all tuition and fees at the time of registration. All tuition is due on the first day of class. All checks must be made payable to "ACCHS." Interest-free installment agreements are available to students experiencing financial difficulties. The down payment is one third (1/3) of the total amount. Students who do not pay in full or who do not complete their installment contracts are ineligible to graduate or receive transcripts of academic credit. The processing fee for each returned check is \$25.

The Academy's CAMB Program does not lead to licensure of any kind. Graduates of the CAMB program are eligible for application of a bodywork certificate through CAMTC or per the laws and regulations of the local government and/or municipalities.



Withdrawal/Cancellation and Tuition Refund Policy

Calculation of refunds is done based on pro rata refund formula (total institutional charge, divided by the number of hours in the program), multiplied by the number of days student attended, or was scheduled to attend, prior to withdrawal. A student may withdraw and obtain a refund at any time before the end of the ninth week of the term (up to 60% of the trimester). Detailed explanation of these policies follows:

For refund purposes, an accepted applicant may only terminate enrollment in person or by certified mail. Termination notices received by mail take effect on date of postmark. In order for a student to cancel or withdraw from the Tuina Massage Therapy Certificate program, a student must submit the ACCHS Add/Drop Course and Withdrawal Form and indicate "Withdrawal from Academy" on the ACCHS Add/Drop Course and Withdrawal Form. Withdrawal forms may be submitted to the Registrar or Program Administrator.

Full refund period - Cancellation/withdrawal after enrollment

When an accepted student has notified the Academy of intent to enroll by paying registration fees, the student will be considered enrolled with the newly entered class. A student has the right to cancel the enrollment agreement and obtain a full refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later.

Cancellation/withdrawal after the full refund period

If a student cancels after the full refund period has expired, the Academy is entitled to retain the registration fee, but will refund other moneys paid according to the refund policies below.

Tuition refund after classes have begun

A partial tuition refund will be permitted if a student cancels enrollment when classes have completed 60% or less of the instruction. The amount owed equals the daily charge for the program (total institutional charge, divided by the number of hours in the program), multiplied by the number of days student attended, or was scheduled to attend, prior to withdrawal.



Leave of Absence/Withdrawal

A student who chooses to interrupt his or her course of study may apply to the administration for a leave of absence. Each request will be considered individually and on its own merits. Students who drop a class before the last day to drop will receive a “W” on their transcript. Students who drop after the drop date will receive an “F” grade for the course(s).

CAMTC Application and Eligibility **(www.camtc.org)**

CAMTC (California Massage Therapy Council) provides oversight for the application, certification and renewal processes of Certified Massage Therapists (CMTs) and Certified Massage Practitioners (CMPs) to ensure that all standards have been met. CAMTC is required by state law California Business and Professions Code Section 4600 et seq. to:

1. Create and implement voluntary certification for the massage therapy profession that will enable consumers to easily identify credible Certified Massage Therapists (CMTs) and Certified Massage Practitioners (CMPs);
2. Ensure that CMTs and CMPs have completed sufficient training at approved schools; and
3. Increase education and training standards consistent with other states.

East Bay Works Training Program

The Academy’s Tui Na Certificate Program has been placed on California’s Eligible Training Provider List (ETPL). If you are currently unemployed and have signed up with East Bay Works training program, you may consider applying funds from your Individual Training Account (ITA). Contact the Oakland PIC or East Bay Works in your area for more information.



Attendance

Inconsistent attendance is a serious concern to the faculty and administration because it jeopardizes a student's eligibility to obtain licensure in many states, restricts the depth and scope of an individual's educational progress, and often results in only achieving the institution's minimum requirements, only achieving levels of professional development below the student's potential.

Faculty are required to take and record daily student attendance. Students who miss less than 20% of a course shall make up the missing hours before the completion of the program. Student tardies are disruptive to the program. Three tardies or early departures from a course or any combination thereof will be considered one absence. Students can apply for the make-up per the teacher's availability and pay the make-up fee within the current program or follow the next class to make up the missing hours without extra charge.

Students who miss more than 20% of a course are not eligible to apply for make-up and must retake the whole course.

COURSE GRADES

Grading is done on the four-point system, and their interpretations are as follows:

| Grade | Interpretation | Grade Point | Equivalent % |
|----------|-----------------|-------------|--------------|
| A | | 4.0 | 94 -100 |
| A- | Excellent | 3.7 | 90 - 93 |
| B+ | Good | 3.3 | 87 - 89 |
| B | | 3.0 | 83 - 86 |
| B- | Moderate | 2.7 | 80 - 82 |
| C+ | | 2.3 | 77 - 79 |
| C (CR) | Minimum Passing | 2.0 | 73 - 76 |
| C- to D- | Fail | 1.7 - 0.7 | 60 - 72 |
| F (NC) | Fail | 0.0 | 0 - 59 |
| In | Incomplete | 0.0 | 0 |



Academic Probation and Dismissal

Students must maintain a 2.0 grade point average (GPA) in order to maintain good academic standing. Any class not completed with at least a 2.0 must be retaken at the next available time and the student will be placed on probation. Probationary students who have re-established a 2.0 GPA will have their probationary status removed. If a student fails to maintain a 2.0 GPA for subsequent classes that are taken at the next available period, he/she will be dismissed from the Academy.

If dismissed, students may be considered for readmission after a significant amount of time separated from the Academy and after the student has demonstrated some or all of the following: Remedial course work at an accredited college; academic or personal counseling; or demonstration of having overcome the difficulties that led to the dismissal. Once a student is readmitted, s/he is expected to maintain at least a 2.0 GPA. Failure to do so after being readmitted may result in immediate and final dismissal from the Academy.

Student Conduct and Regulations

Students must observe the applicable rules and regulations of the Academy. Failure to do so, may result in disciplinary action.

After a review by the board of directors, a student may be dismissed for failure to follow Academy regulations or for disrespectful behavior to a student, administrator, faculty member, and/or clinic patient. Any conduct or action, which endangers life, violates the law, or violates the physician patient relationship could lead to suspension, expulsion, termination, and in the context of criminal activity, referral to law enforcement agencies. If you have further questions regarding the regulations of the Academy, please contact the admissions office at 510-763-7787, Monday through Saturday between the hours of 9:00A.M. - 5:00 P.M. The name of any student so dismissed shall be reported to the California Massage Therapy Council.



Unlawful (Sexual) Harassment Policy

The Academy vehemently prohibits sexual, racial, and other forms of harassment by its faculty, staff, and students. The Academy maintains a policy that prohibits harassment on the basis of sex, race, religion, color, national origin, disability, medical condition, marital status, age, sexual orientation, or any other basis protected by federal, state, or local ordinance or regulation.

Grievances

Students with concerns about academic or administrative rulings or procedures should first bring their concern directly to the instructor or administrator involved. If resolution is not possible, the complaint should then be presented in writing to the Grievance Committee, which will hear the matter and respond with a decision within ten working days of receipt. If the Grievance Committee's decision does not provide resolution, an appeal for review can be made to the Academy's president on behalf of the Board of Directors. Any resolution will be kept in both the student file and school grievance file. Also, after initiating the institutional Grievance Procedure, the student may report any grievances to BPPE, respectively (see page 4 of this catalog for contact info.).

Student Services

ADVISING AND CONSULTATION

The Academy's academic advisors and administration staff provide consultation services to students in order to either direct them to appropriate counseling agencies for personal services or help them solve their academic issues.

COMPUTER FACILITIES

Students have access to word processors and the Internet in the computer room located on the 2nd floor. Also, Internet accessibility is provided in the Library. Students may go on-line during normal library hours. Students may access the Academy's wireless Internet services using their own Wi-Fi compatible devices. More information on wireless settings can be found in the Academy administration offices.



STUDENT LOUNGE

Student lounges are available on the Academy's 1st and 2nd floors, with microwave ovens and refrigerators for student convenience, and with a space for group or individual clinical case study.

STUDENT TUTORING CENTER

The ACCHS Tutoring Center on the second floor offers free tutoring for students in need of extra academic assistance. Students may inquire about computerized tutoring exercises, tutoring appointments, and tutor assistance.

BOOKSTORE

All textbooks, reference materials, herb samples, medical charts, etc. are available at the school bookstore, with discounts provided. Per specific requests, the bookstore helps place specific orders for student groups.

COPYING SERVICE

A copier is conveniently located in the library. A low-cost copy fee is applied for students' specific copy needs.

HEALTH CARE

The Academy teaching clinic is available for students and their immediate family. Health care is provided at only \$19 per visit. Herbs are additional at half price.

REFUSAL OF SERVICE TO STUDENTS

The Academy may refuse any type of service to a student who has an outstanding balance of unpaid tuition and/or fees. The Academy may refuse services to a student who has terminated college matriculation with financial obligations remaining unpaid.



Living and Housing Costs

There is no on-campus or dormitory housing, but the Academy in downtown Oakland is five miles from Berkeley and in the heart of the East Bay. Both Oakland and Berkeley have ample rental units available at a reasonable cost - from \$500 (shared housing) to \$1100 (one-bedroom apartment). The Academy bears no responsibility in assisting a student with housing, yet the Academy maintains a small bulletin board for a shared housing network as well as other community and professional listings.

Student Records

Student records are kept in individual charts in a fireproof cabinet in the Academy administrative office. The Academy maintains school and student records for a 50-year period and maintains student transcript records permanently. Please note that all admission documents submitted to the Academy become the property of the Academy and will not be returned to the student.

Hygiene, Decorum, Draping

The Academy emphasizes the importance of knowledge of the healing arts, as well as maintaining respectful and ethical conduct. It is important to remember that in the classroom as well as in the clinic, decorum is an integral part of the learning process. Tardiness, absence, inappropriate attire, poor attitude, eating during class, etc. are viewed as showing a lack of respect and may be grounds for disciplinary action.

During all training in the ACCHS Tuina Massage Therapy Certification program, students shall wear clean, nontransparent outer garments. Any student attire deemed inappropriate by the ACCHS administration will result in removal of the student from the class or practical training session.

During any portion of the Tuina practical training curriculum, students shall use proper draping techniques. All genitalia shall be fully draped at all times. Draping shall occur at the navel line and across the torso and at the knees at all times. Additionally, females shall be draped on the breasts immediately above the top of the areola. Any student not following the ACCHS draping policies will be removed from the class or practical clinical training session.



Faculty

WINSTON CHUNG, B.A., L.Ac. Winston has extensive training in TCM. He has a private practice in San Jose and clinical private practice in Taiwan. He attended San Diego State University in 1983 and studied TCM at SFCA.

NICO BISHOP, MSTCM, L.Ac. Freelance translator; massage therapist. Nico is a lifelong learner and practitioner in the healing arts and traditional Chinese medicine. She is experienced in many holistic healing modalities and techniques, including Reiki, Tui Na massage, Tai-chi, Chi gong, color and aromatic therapies, soul-mind-body medicine and TCM spiritual psychology.

JENNA FRISCH, CMT A massage therapist (cert. 59209), teacher, qigong practitioner and creative writing facilitator living on Chochenyo Ohlone land, Jenna is passionate about the depths and dynamics of self-expression and am guided by a practice of observing what is working well, both in people and in writing. Jenna has studied Tui Na, Acupressure and qigong at McKinnon Body Therapy Center with Brian O’Dea, Kathleen Davis, and Jason Frye, and Shiatsu with Carl Johns and Rocco Foronda.

TONI HAFTER, CMT. Ms. Hafter is a holistic intuitive massage therapist practicing an integrative approach to healing. Her work is based on Traditional Chinese Medicine principles with formal and intuitive healing methods that include Tui Na medical massage and other forms of clothed body therapies, including Qigong healing and Reiki healing. Her intention is to empower her students and patients by offering them the tools they can call upon to participate in their healing.

LIXIN HAN, CMT. Mr. Han has been in bodywork for approximately 30 years. He completed his physical education research education and obtained a Qigong certificate from China Higher Education in 1989. He completed a 650-hour massage teacher training program at Fuzhou Massage Hospital in China He received his massage certificate from the Academy of Chinese Culture and Health Sciences and has been a massage therapist in the Bay Area since 2011.



HONG JI HU, L.Ac., CMT. Hong Ji Hu received his massage education at the Acupuncture and Massage Institute of America in Hacienda, CA. He has held positions at Far East Wellness Center in Walnut Creek and A Perfect Day Spa in Millbrae, CA. He has worked as an instructor for more than ten years and has focused on health-care and sports training.

AMANDA LIU, CMT. Amanda has been in bodywork for over a decade and has many experiences with intuitive healing methods and health techniques. She also is a certified aesthetician.

WEI LOU He received a degree in Economic Law at Beijing University and then went on to complete an advanced degree in acupuncture and massage at Beijing Jinhua Medical University and Beijing University. Currently, Mr. Lou is an instructor at ACCHS.

BRIAN O'DEA, L.Ac., CMT. Brian has over 40 years of martial arts, meditation, and health care practice. As a Senior Instructor, he taught "Winds and Waters" Tui Na bodywork, Acupressure, Tai Chi, Qi Gong, and Traditional Chinese Philosophy at the Acupressure Institute and other acupuncture and bodywork schools since 1988. He completed over 1000 hours of study at the Acupressure Institute, and he is a graduate of Academy of Chinese Culture and Health Sciences. He has studied Jin Shin Jyutsu with Mary Burmeister and Pat Meador, and Qi Gong with Simu Ou Yang Min for over 25 years. Brian also studied Yang style Tai Chi Chuan with Prof. Cheng Man Ching and Aikido with Lou Kleinsmith, as well as Qi Gong, Tai Chi, Acupuncture, Tui Na, and Taoist Philosophy with Sifu Tsuei Wei since 1975.

JANET OLIVER, L.Ac., CMT. Janet has practiced and taught Asian Bodywork Therapy and Traditional Chinese Medicine for over 25 years. Janet began her career in Asian Bodywork Therapy at the Acupressure Institute in 1982, as a teacher and practitioner. She completed over 1000 hours of study at the Acupressure Institute. Also, Janet became a faculty member of Jin Shin Jyutsu in 1993. Furthermore, Janet has taught at various Acupuncture and Bodywork schools in California, where she developed the curriculum for her 500-hour Acupressure Therapy Program and wrote four textbooks. She studied Qi Gong with Simu Min Ou Yang for ten years, and apprenticed with Dr. Alex Feng in Acupuncture for several years. In addition, Janet studied Jin Shin Jyutsu for many years with Mary Burmeister. She has taught throughout the United States and internationally.



CATHERINE POWER, MSTCM, L.AC. Catherine completed her certification in Advanced Acupressure and Oriental Bodywork from the Acupressure Institute in 2000 and graduated from ACCHS in 2005. She has practiced Shiatsu, Chi Nei Tsang, Deep Tissue Massage, and acupuncture at her private clinic and throughout various community clinics.

ZABIE SHARIFY, MSOM. Mansoor is an expert on musculoskeletal acupressure having trained with Dr. Robert Levine and receiving private tutelage on Tibetan medicine and traditional medicine techniques. Mansoor teaches Tuina and is currently enrolled in the DAOM program.

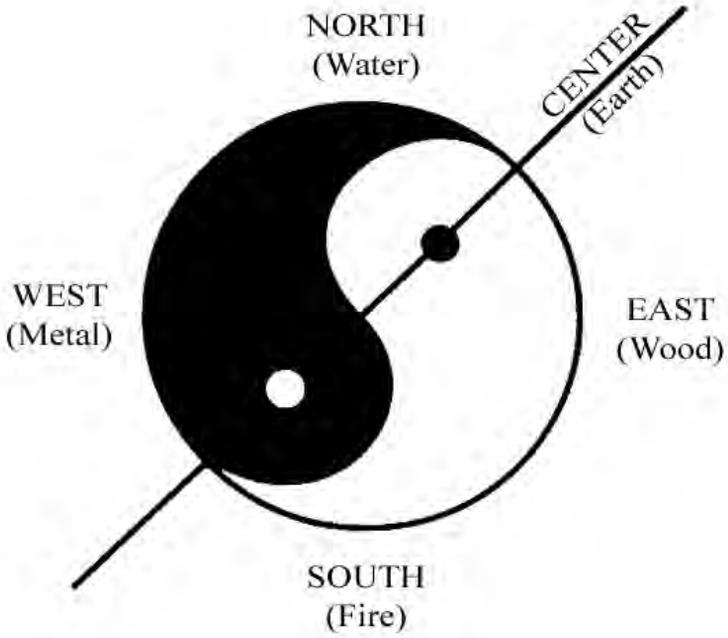
PENG SONG, BS, MSTCM. L.Ac. Peng Song graduated from Shandong University with a physical education major. He was highly experienced in basic and advanced tuina techniques. He has many years of teaching experience specifically to teach tuina massage and QiGong in both TCM and massage classes. and is California licensed acupuncturist. Experienced in treating various conditions, he uses his tuina techniques to heal people's bodily injuries.

MARY WANG, CMT. Mary graduated from Shanghai College of Traditional Chinese Medicine (TCM) and is a certified massage therapist since 2015. She has many work experiences with clients and worked as an instructor at ACCHS for years.

RONGRONG YE, CMT, graduated from Nanjing Chinese medicine college massage program in 2005. Highly experienced in basic and advanced tuina techniques, he teaches tuina massage around the United States as well as overseas. Currently, he teaches fundamental tuina techniques and treatment of common ailments in the ACCHS tuina program.

FUTE YING, CMT. Mr. Ying has been an instructor of massage for many years. He was a student of Chinese medicine in China and received an associates degree. He has held many teaching positions at many educational facilities in China and the U.S.







Course Numbers and Descriptions

1. **Fundamental Anatomy & Physiology (MC01/60hrs):** The course will give an overview of basis structure, including skeletal, muscular, nervous, circulatory, immune, respiratory, digestive, endocrine and reproductive systems. The course will give an overview of normal function as well as selected dysfunction of cells, tissues, and systems for in-depth study of both health and disease.
2. **General Physiology (MC02/30hrs):** This course introduces the fundamental physiological processes of the human body, including cell function, nervous and muscular systems, cardiovascular and respiratory function, and homeostasis. Emphasis is placed on understanding how these systems relate to health, movement, and therapeutic massage practice.
3. **Essentials of Tui Na Techniques (MC03/60hrs):** This course provides a hands-on learning of the essential techniques of Tui Na massage and will include corrective exercises and Qi Gong as well. Students learn core hand techniques, body mechanics, and principles of meridian and acupoint application to address musculoskeletal conditions and promote overall health. Emphasis is placed on safe, effective practice and clinical readiness.
4. **Fundamental TCM Theory & Pathology (MC04/30hrs):** The course will introduce fundamental theoretical concepts of Traditional Chinese Medicine and introduce the foundational principles of Traditional Chinese Medicine (TCM), including Yin-Yang theory, the Five Elements, Qi, Blood, and Body Fluids, and Zang-Fu organ functions. Students explore TCM concepts of health and disease, patterns of disharmony, and the etiology and pathology of common conditions. Emphasis is placed on understanding the theoretical framework that supports Tui Na and other Chinese therapeutic modalities.



5. Meridians & Acupoints (MC05/45hrs): The course introduces the basic knowledge of meridians theory, as it applies to the practice of Asian Bodywork/Tui Na. The course focuses on the study of meridians methods, of locating acupressure points, the study of Du & Ren meridians, and the twelve major meridians. It also teaches the therapeutic functions of the major acupoints throughout the body.
6. Medical Terminology (MC06/15hrs): This course is focused on the study of word origin and structure through the introduction of prefixes, suffixes, root words, plurals, abbreviations and symbols. It will include definitions, spelling and pronunciation of medical terms more broadly.
7. Ethics (MC07/15hrs): This course is designed to give students, both American and Chinese, essential medical ethics and state laws. The course introduces students to the skills and procedures that are required to maintain a safe and competent massage practice. The course also introduces sections on sterility, asepsis, and hygienic practices, and practical clinical guidelines. The course emphasizes professional service manner, attitude, and procedure.
8. Public Health (MC08/30hrs): The course focuses on blood pathogens and universal precautions to prevent transmitted diseases. Patient screening to prepare for public health crisis and practices on safety and mitigation of health hazards.
9. Western Medical Diagnosis (MC09/15hrs): This course introduces the basic principles of Western medical assessment and diagnosis relevant to massage therapy practice. Topics include common pathological conditions, red flag symptoms, and when to refer patients to other healthcare providers. Emphasis is placed on integrating Western diagnostic awareness with safe and effective Tuina treatment planning.



10. Practice Management (MC10/30hrs): This course includes how to build a practice, setup accounts, and the laws applicable to massage therapy, with special consideration given to office setup, office management, billing systems, medical insurance claims, record-keeping, professional liability, and insurance. The course also introduces the basic knowledge of practice management, including how to build up and develop an office, billing system, insurance information, professional liability, record keeping, etc

11. Treatment Planning and Pain Management (MC11/15hrs): This course will provide students with the opportunity for hands-on experience in treating a variety of conditions including treatment of the head, trunk, upper limbs, lower back, hips, and lower limbs, as well as the energy meridians and internal diseases, treating minor aches, pains, and stiffness. Basic stances and self-care will also be introduced along with set “packages” for major joints and areas of the body.

12. Treatment and Contraindications of Common Ailments (MC12/45hrs): This course will provide an overview of treatments for common ailments. We will consider each major section of the body and all major articulations. We will focus on treatment of pain from trauma, chronic postural misalignment, with structural integration techniques. All material will be hands on with no texts or handouts. Students are expected to stay focused and attentive and practice techniques outside of class weekly.

13. Massage Contraindications (MC13/15hrs): This course is designed to teach the conditions limited to massage practice: local contraindications and absolute contraindications. Caution must be exercised, and the massage therapist must adapt to certain conditions. This is done to protect the health and safety of the clients as well as the massage therapist.



14. Fundamental Kinesiology & Sports Injury Tuina (MC14/30hrs): This course will introduce Kinesiology and provide students with the opportunity for hands-on experience in treating a variety of sports injuries including treatment of the Head, Trunk, Upper Limbs, Lower Back, Hips and Lower Limbs. Students will be able to refine the previously learned Tui Na techniques and develop the use of their internal energy for healing. After completion, students will have a professional level of comfort in treating clients for a variety of sport injury condition.

15. Clinical Applications (Case Studies) (MC15/40hrs): This course emphasizes case studies based on anatomy and physiology, kinesiology, pathology, and contraindications, physiological effects of massage through client assessment. This course also focuses on ethics, laws, and regulations, along with professional guidelines, etc.



The patient must also be aware of his or her body in order to recognize signs and symptoms and imbalances. The patient can then seek remedies at the earliest possible moment.

-Yellow Emperor's Classic of Medicine Huang Di (2700-2600 BCE)



16. **Clinical Practice (MC16/90hrs):** The clinical portion of the academy Tuina program, part of which is devoted to the hands-on practice in a clinical setting. Evidence of completion of a physical exam, including a TB test, must be submitted before a student may enter the teaching clinic.

CONTINUING EDUCATION COURSES

Hot Stone Therapy (MC17/16hrs): Students will learn massage techniques using Basalt stones (water-heated), applying pressure and heat to the body, integrating the techniques with TCM meridian therapy. The stones are coated in oil and can also be used by therapists to deliver various massage strokes, which helps to release muscle tension and achieve a therapeutic effect.

Reflexology (MC18/16hrs): This unique Chinese method teaches you the technique of massage on parts of the feet, with foal to manipulate the areas on the foot, to regulate the function of internal organs. The benefit of pressure on the reflex zones is to be able to relieve stress and pain, and achieve the effect of body healing.

Table Shiatsu (MC19/16hrs): Shiatsu is based on a system of points on the body called meridians. You will learn several different techniques used in this modality including: pressure pint work, assisted stretching and movement. It can be relaxing and rejuvenating, help with general health and well beings, and be used for injury treatment.

Chi Nei Tsang (MC20/16hrs): Students participate in a practical, crossectionalsurvey of three Asian Healing Arts: Chi Nei Tsang, Japanese Hara diagnosis, and Mu points massage. All involve palpation and massage of the abdomen and internal organs: Students complete the class with enough hands-on practice to give basic abdominal treatments.

Facial Massage (MC21/16hrs): The instructor will share this gentle massage technique allowing students to master the skill for good skin-care for men and women, to maintain healthy and youthful skin. Students also can use this technique on face to treat several facial disorders and internal imbalance.



Thai Massage (MC22/16hrs): This course covers a sequence for the Supine position from feet to head, as well as a sitting sequence. Students will be able to apply stretches, acupressure points, and proper use of body weight, thumbs, palms, elbows, knees, and feet, including focused abdominal work.

General Aromatherapy (MC23/16hrs): This course is a general introduction to the use of aroma therapy for optimized health and well-being. Students will learn aromatherapy use, plant material, and aromatic plant oils for improving psychological or physical stress reduction or pain management. Also, students will have essential oil study, methods of application, business skills, etc.

Health and Hygiene (MC24/5hrs.): The course teaches how to understand the disciplines of occupational hygiene in a clinical setting. The student will learn the prevention of ill-health from work through recognizing, evaluating, and controlling risks and health hazards in the environment with the objective of protecting the patient's health and well-being.



Notes:



