# C A T A L O G September 1, 2023 - August 31, 2025

## ACCHS



All classes held at:
Academy of Chinese Culture and Health Sciences
1600 Broadway, Oakland, CA 94612
Office: (510) 763-7787 Clinic: (510) 763-1299 FAX: (510) 834-8646
Web site: http://www.acchs.edu E-mail address: info@acchs.edu



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## ACADEMIC CALENDAR 2023 - 2024

	Fall 2023	Spring 2024	Summer 2024
New course schedule available:	July 20, 2023	Nov. 9, 2023	March 21, 2024
Registration for current students:	July 26 - Aug. 16, 2023	Nov. 15 - Dec. 6, 2023	Mar. 27 - Apr. 17, 2024
Last day for admissions application:	August 1, 2023	Dec. 1, 2023	April 1, 2024
New student orientation:	Betw. Aug. 21 - 25, 2023	Betw. Jan 2 - 5, 2024	Betw. April 22 - 26, 2024
Classes begin:	August 28, 2023	January 2, 2024	April 29, 2024
Add / drop fee applied: (VA students last day for full drop)	After 1st week of school	After 1st week of school	After 1st week of school
Last day to drop with "W":	Oct. 29, 2023	March 3, 2024	June 30, 2024
Comprehensive exam:	2nd week of school	2nd week of school	2nd week of school
Final examinations (last day of class):	Dec. 4 - 10, 2023	April 8 - 14, 2024	Aug. 5 - 11, 2024
Holidays (school closed):	Labor Day, Thanksgiving	Martin Luther King Day	4th of July, Juneteenth

## ACADEMIC CALENDAR 2024 - 2025

	Fall 2024	Spring 2025	Summer 2025
New course schedule available:	July 18, 2024	Nov. 7, 2024	March 13, 2025
Registration for current students:	July 24 - Aug. 14, 2024	Nov. 13 - Dec. 4, 2024	Mar. 19 - Apr. 9, 2025
Last day for admissions application:	August 1, 2024	Dec. 1, 2024	
New student orientation:	Betw. Aug. 26 - 30, 2024	Betw. Jan. 6 - 10, 2025	
Classes begin:	September 3, 2024	January 6, 2025	May 5, 2025
Add / drop fee applied: (VA students last day for full drop)	After 1st week of school	After 1st week of school	After 1st week of school
Last day to drop with a "W":	Nov. 3, 2024	March 9, 2025	July 6, 2025
Comprehensive exam:	2nd week of school	2nd week of school	2nd week of school
Final examinations (last day of class):	Dec. 9 - 15, 2024	April 14 - 20, 2025	Aug. 11- 17, 2025
Holidays (school closed):	Labor Day, Thanksgiving	Martin Luther King Day	4th of July, Juneteenth

## APPROVAL DISCLOSURE STATEMENT

Graduates of the Master of Science in Acupuncture and Chinese Herbal Medicine (MAcCHM) degree program are eligible to sit for the acupuncture licensure examination given by the California State Acupuncture Board and sit for the National Commission for the Certification of Acupuncturists and Herbal Medicine (NCCAHM) exam.

Academy of Chinese Culture and Health Sciences and its following programs are accredited by the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM):

- (1) Master of Science in Acupuncture with a Chinese herbal medicine specialization (offered in English and Mandarin)
- (2) Doctor of Acupuncture and Oriental Medicine

The program(s) listed above may offer courses via distance education.

ACAHM does not accredit any programs at the undergraduate/bachelor level.

ACHAM has issued the Academy of Chinese Culture and Heath Sciences a **Warning Sanction** for its continued offering of an unaccredited massage program. The maximum period during which an accredited institution may continue under a Warning Sanction is two (2) years -- during which the institution maintains its accredited status.

ACAHM) is recognized by the US Secretary of Education as the specialized accreditation agency for institutions/programs preparing acupuncture practitioners accrediting agency for programs preparing acupuncture and Oriental medicine practitioners. ACAHM is located at 500 Lake Street, Suite 204, Excelsior, MN 55331. Phone: (952) 212-2434; https://www.acahm.org.

Public Disclosure Statement Effective as of 30 August 2023.

The Academy of Chinese Culture and Health Sciences is approved by the California Acupuncture Board as a continuing education provider for licensed acupuncturists. California Acupuncture Board is located at 1747 N. Market Blvd. Suite 180, Sacramento, CA. 95834; telephone (916) 515-5200; fax (916) 928-2204. Website: http://www.acupuncture.ca.gov

The Academy is a Private Not-For-Profit California Public Benefit Corporation that has been approved to operate by the Bureau for Private Postsecondary Education. "Approved to operate" means compliance with state standards as set forth in the California Private Postsecondary Act of 2009. The Academy has been granted tax exempt status under 501(c)(3) of the U.S. Internal Revenue Code of 1954.

Persons seeking to resolve problems or complaints should utilize the grievance procedure as presented in this catalog. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education (BPPE) at Address: 1747 N. Market Blvd. Ste 225, Sacramento, CA. 95834; P.O. Box 980818, West Sacramento, CA. 95798-0818; Web site Address: www.bppe.ca.gov; Telephone and fax #s (888) 370-7589 or by fax (916) 263-1897; (916) 574-8900 or by fax (916) 263-1897. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the Bureau's web site www.bppe.ca.gov.

This catalog outlines curriculum requirements, faculty information and course descriptions as per the effective date of issuance. The materials presented herein constitute the rules and regulations of the Academy and are intended to be accurate, complete, and binding. However, the Academy reserves the right to update or change any or all of these regulations to meet with all of the above accreditation requirements and/or the Academy's changing conditions. In the event of any change, written notice will be given, and such notice will post as an addendum to the catalog. All information in this school catalog is current and correct and is so certified as true by Andres Bella, Acting President.

acchs.edu







## **BOARD OF DIRECTORS**

Yen Wei Choong, MSTCM, L.Ac., Chairman,

Eva WuChoi, MBA, Phillip Tou, MA, Jane Zhang, BA, Zhao, Rong Yuan, MD (China), L.Ac

## **ADMINISTRATION**

**Bella, Andres** M.A., President Zhao, Rongyuan, MD (China), L.Ac., Vice-president

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Zhang, Zhi Bin, B.M., MSTCM, L.Ac., Director of the Graduate Education Division
Laurenzi, Joshua, L.Ac., Director of Clincal Academic Programs
Pang, Kai, MD (China), L.Ac, Director of the Western Medicine Division
Parramore, Karin, L.Ac., MSOM, CH L.Ac., Director of the TCM Foundation Division



## INSTITUTIONAL MISSION

The Academy of Chinese Culture and Health Sciences was established in 1982 to offer professional education in traditional Chinese medicine within the context of Chinese culture.

The job classification code associated with the MAcCHM program under the United States Department of Labor's Standard Occupational Classification code is 51.3301

## MESSAGE FROM THE PRESIDENT

Over 20 years ago, Sifu Wei Tsuei, the founder and president, asked me about my beliefs. He asked me what I found to be true in life. I remember the encounter because I answered that truth could be found in the nature of all things, if one knew how to look for it. At



the time, I did not realize the gravity of the moment. However, after he hired me, Dr. Tsuei explained that my answer intrigued him; because I had touched on the essence of ACCHS. He explained that the principle underlying the formation of ACCHS is the Tao of nature, the theory of Yin-Yang and the principles of oneness of the universal, earth, and human being (three into one). He then pointed to his calligraphy and recited, "Yin and Yang are the Tao (way) of heaven and earth."

As acting president of ACCHS, it is my honor to perpetuate Dr. Tsuei's legacy, his dream to unite East and West, America and China, Western medicine and Chinese medicine. Since my beginnings at ACCHS, TCM has become a popular and positive ally in the pursuit of balance and health. The world has witnessed the good that TCM has brought – and the phenomenon is spreading around the world faster than ever before. At ACCHS, we have always maintained that balance begins with understanding the oneness (three into one), the cultivation of the intellect, and the comprehension of human nature. As Dr. Tsuei always said, "you must first learn to heal yourself before you learn to heal others."

At ACCHS, our students learn to examine the physical and spiritual, to exercise balance and health through the lens of both philosophy and science. As one of the oldest schools of TCM in the nation, we believe our approach towards education best suits those individuals looking for more than a degree and license; because we offer much more than courses and grades. We offer the promise of evolution, community, and balance. This is what has always separated ACCHS from all other schools. Our aim has always been to pursue, through the medium of medical learning, the goal of an ideal society and civilization, and to make a significant contribution towards the development and prosperity of mankind. This is the principle underlying the Academy of Chinese Culture and Health Sciences today.

Sincerely, Andres Bella, MA President of ACCHS





## HISTORY AND OBJECTIVES

#### **ACCHS HISTORY**

The Academy of Chinese Culture and Health Sciences was established in 1982 by Master Wei Tsuei. Master Tsuei was an accomplished practitioner of traditional Chinese medicine, Taiji Quan, and Taiji meditation. In addition, he was a sixth generation Qi Gong master. During Master Tsuei's youth, China was many years behind the west technologically. Even though, China had highly developed arts focused on cultivating longevity through maintenance of good health and an open mind. His grandfather, a traditional medical doctor, was a strong influence. From boyhood, Master Tsuei received instruction in the martial arts. Later he studied many forms of meditation and completed his formal medical training. He spent his life learning, practicing and sharing this knowledge.

#### MAcCHM PROGRAM STATEMENT OF PURPOSE

The purpose of the Academy of Chinese Culture and Health Sciences MAcCHM program is to provide to its students a professional graduate education in traditional Chinese medicine, with the skills necessary to obtain licensure and become competent primary health care providers.

## MAcCHM PROGRAM GOALS

The program emphasizes the cultivation of the intellect and understanding of human nature. The corpus of Chinese medical knowledge is vast, and although rote learning is necessary, emphasis at the Academy is placed on the development of critical thinking. MAcCHM program goals include:

- The MAcCHM program develops your ability to analyze, evaluate, and effectively translate Chinese medical information into practical clinical use.
- The MAcCHM program is designed to stimulate students to develop professional skills, ethics, and confidence.
- The MAcCHM program can enable students to cultivate health, well being, and inner harmony.
- Through the practice of Taiji, Qi Gong, and meditation, the Academy also strives to provide its students with the necessary roots for the development of self-awareness and growth.
- It is our goal to increase student understanding of human nature, so that our gradautes can make a significant contribution toward the development, wellness, and prosperity of humanity.

The Academy further endeavors to promote the rooting of traditional Chinese medicine in the United States by establishing communication with existing medical establishments, by creating successful clinical programs, by promoting exchange of medical knowledge, and by facilitating the expansion of the public's perception of traditional Chinese medicine. We seek dedicated individuals who wish to study a classical Chinese curriculum and actively develop the roots of the Chinese medical profession in the U.S.A.

As an educational institution, we realize there are only certain parameters which can be used to assess our instructional methodologies. Because Chinese medicine is a regulated practice, we may verify its evolution by examining the success of the alumni after graduation. Over the years, according to our statistics, Academy graduates have proven their competence and excellence by passing their respective licensing exams, by developing successful practices, and by becoming prominent members of their profession in the Bay Area and around the U.S.

## MACCHM PROGRAM LEARNING OUTCOMES

At the time of graduation, a student from ACCHS:

- Will be competent in the fundamental philosophy and methodologies which underline TCM, including acupuncture, herbal medicine, nutrition, and energy cultivation.
- Will be able to sit for and pass the California State Licensing exam and NCCAOM exam.
- Will be able to use medical knowledge to determine the course of a patient's ailments and apply the appropriate treatment to alleviate and to eliminate the source of the discomfort.
- Will be able to use TCM knowledge in guiding the general health care of his/her patients.
- Will be knowledgeable in the capabilities and differences between TCM and Western medicine. Will know some fundamental Western medicine techniques, such as first aid and CPR.
- Will know the ethical principles of conducting a medical practice.
- Will have the business knowledge to operate an independent clinic or group practice.
- Will be able to continue their education and advance their knowledge through independent study, research, or a post-professional program.



## **GENERAL INFORMATION**

The Academy of Chinese Culture and Health Sciences is located in vibrant Oakland, California, just across the bay from San Francisco. The Academy campus is near Oakland's City Center, and is easily accessed by the Bay Area Rapid Transit (BART) public transportation system. It is within two blocks of federal, state, and city government buildings, and is within a few blocks of Oakland's growing Chinatown community, which has an abundance of restaurants, shops, and herbal pharmacies. Also within walking distance are bookstores, copy shops, cafes, and many businesses, which represent Oakland's rich ethnic diversity.

The Academy's facilities provide lecture classrooms, a teaching clinic, an herbal pharmacy, a library, a computer room, administrative offices, and lounges for faculty and students. Didactic courses are taught using white boards, projectors, anatomical models, and other media devices, such as Chromebooks. The Academy's distance edcuation courses are taught using NEO Learning Management Software and Zoom. Clinical training materials include acupuncture needles, moxibustion, cupping devices, and diagnostic medical equipment, such as stethoscopes and sphygmomanometers.

The Academy offers courses both through distance education and through hands-on courses that require physical, on-site, classroom attendance. The distance education courses are primarily in-person, online, synchronous learning courses where students participate in in-person, online learning activities simultaneously, in real-time. In-person synchronous learning requires students to complete the course requirements according to published course expectations and deadlines and engage in learning activities together at scheduled times and in the same physical location with the instructor and students. Course activities and assignments typically facilitate synchronous engagement with other students. Instructors provide substantive formative and summative feedback in real-time and at regular intervals within the defined academic term to promote development that aligns with the published course expectations and deadlines.

The Academy's MAcCHM does not support asynchrous learning courses, course activities, and/or assignments.

#### LIBRARY

The library is divided into two sections (Chinese and English) with over 4,000 volumes of traditional Chinese medical and related publications. Students can borrow books with their student ID cards. Students can also do individual research or have group study in the reading rooms. Computers, TV, a copier, periodicals, and dictionaries, as well as videos are available for student and faculty use. The library also subscribes to online databases,

#### LIVING AND HOUSING COSTS

There is no on-campus or dormitory housing, but the Academy in downtown Oakland is five miles from Berkeley and in the heart of the East Bay. Both Oakland and Berkeley have ample rental units available at a reasonable cost - from \$1000 (shared housing) to \$2500 (one-bedroom apartment). The Academy bears no responsibility in assisting a student with housing, yet the Academy maintains a small electronic bulletin board for a shared housing network as well as other community and professional listings.

## INSTITUTIONAL FISCAL DISCLAIMER

ACCHS has no pending petition in bankruptcy, is not operating as a debtor in posession, has not filed a petition within the preceding five years, and has not had a petition of bankruptcy filed against it within the preceding five years.





## **ADMISSIONS**

## ADMISSIONS STATEMENT

The Academy is committed to a policy of equal opportunity. Admission is open to all qualified applicants. Equal educational opportunities will be provided to all persons, regardless of race, religion, gender, national origin, marital status, sexual preference, age, or physical handicap.

Candidates for admission are considered in the order in which their applications are completed. The Admissions Committee does not grant full admission to an applicant until all required information has been received by the Academy. Prospective students are encouraged to visit the school and discuss educational plans with the Admissions office. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you upon signing an enrollment agreement.

The Academy seeks applicants who wish to study traditional Chinese medicine within the context of Chinese philosophy and Chinese culture. A personal commitment to the study and practice of the medical arts, combined with a sound undergraduate academic background, are qualities common to the Academy student body. The Academy's curriculum is now presented in English and Chinese, providing equal access to native speakers of each language. Students come for lectures two days per week for the entire program:

English program: Tuesday & Thursday Chinese program: Saturday & Sunday

The Academy's program supports the professional development of working adults by offering the option of either full-time or part-time studies.

## **OPEN HOUSE**

Several times a year, the Academy hosts an Open House, which gives prospective students the opportunity to receive pertinent school information and to experience TCM first hand. Prospective students are invited to participate in special TCM technique demonstration classes, informational seminars, and campus tours. For exact dates, contact the Academy offices (admissions@acchs.edu) or visit the Academy website.

## FINANCIAL AID (School Code: G32883)

The Academy participates in several Title IV financial aid programs. Federal Direct Loans and Work-Study may be utilized by degree-seeking students who qualify. Eligibility for ACCHS SFA programs is based on completion of the FAFSA (Free Application for Federal Student Aid). A student must enroll at least half time to be eligible for Financial Aid at ACCHS. For more information on eligibility requirements, refer to the ACCHS Student Handbook. The Academy does not participate in any state financial aid programs.

If you obtain a loan to pay for an educational program, you will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund. If you default on a federal loan, the federal government or a loan guarantee agency may take action against you, including garnishing an income tax refund; and you may not be eligible for any other government financial assistance at another institution until the loan is repaid. You have the right to cancel and obtain a refund of charge paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. You can do this by submitting your written intent to cancel by email (admissions@acchs.edu), mail (1600 Broadway, Suite 200, Oakland, CA. 94612), fax (510-834-8646), or hand delivery.

The institution shall provide a pro rata refund of nonfederal student financial aid program moneys paid for institutional charges to students who have completed 60 percent or less of the period of attendance. The unused portion of tuition will be calculated, based on clock hours paid for versus clock hours passed. You will be charged from the first day of school until the last day of attendance, including the classes not attended in between and the documented cost of any books or equipment that were not returned. Please see example from ACCHS catalog (pg. 22). If you have received federal student financial aid fund, you are entitled to a refund of moneys not paid from federal student financial aid program funds.

#### **VETERANS BENEFITS**

Students who are veterans may receive the appropriate related benefits. Contact an Academy administrator or advisor for more information. This institution will conduct an evaluation of previous education and training per CFR 21.4256(d)(3), grant appropriate credit, shorten the veteran or eligible person's duration of course proportionally, and notify the VA and student accordingly. This evaluation must be completed within the first two terms during which one received veteran educational benefits. If not completed in a timely manner, the student will not be certified again until the evaluation is complete. Eligible veteran students are exempt from related late fees found on page 20 of this catalog.



#### ADMISSIONS REQUIREMENTS

MAcCHM applicants are beyond the age of compulsory school attendance in the state of California. However, applicants must have the recognized equivalent of a high school diploma and must have completed sufficient undergraduate studies (60 semester credits / 90 quarter credits, i.e. 900 hours), equivalent to at least two years of general education studies, or possess an A.A., B.A., or B.S. degree from an institution accredited by an agency recognized by the U.S. Secretary of Education.

A. General Education Requirements: 60 semester credits / 90 quarter credits (900 hours)

English Composition/Language/Literature Mathematics/Logic/Statistics Humanities Social Sciences Natural Sciences Electives

B. Science Course Corequisites for MAcCHM: 20 semester units (300 hours)

BS110 General Biology	3 units (45 hrs)
BS111 General Chemistry	2 units (30 hrs)
BS111bio Biochemistry	1 unit (15 hrs)
BS112 General Physics	1.5 units (22.5 hrs)
BS112bio Biophysics	0.5 units (7.5 hrs)
BS113 General Psychology	2 units (30 hrs)
BS116 Western Medical Terminology	2 units (30 hrs)
BS114 Human Anatomy	4 units (60 hrs)
BS115 Human Physiology	4 units (60 hrs)

- The Anatomy corequisite must be successfully completed before enrolling in Acupuncture courses;
   The Physiology prerequisite must be completed before enrolling in Pathology.
- All category B corequisites must be completed before the registration of advanced courses and before the Basic Comprehensive Exam.
- Category B courses may be offered pending faculty availability and minimum class size requirements.

## C. English Language Proficiency Requirement:

The Academy requires that students maintain English proficiency for successful didactic and practical clinical training purposes. Students may complete the Test of

English as a Foreign Language (TOEFL), the International English Language Testing System exam (IELTS), Duolingo English Test, China Standard of English Language (CSE), Cambridge First Certificate in English (FCE), Cambridge English Advanced (CAE), Common European Framework Reference (CEFR), Occupational English Test (OET), or Pearson Test of English (PTE) Academic.

The applicant must have one of the following assessments at the required level:

Assessment Tool	Acceptable Score	
TOEFL iBT	Total: 61	
IELTS, Aademic Format	Overall band: 6	
Duolingo English Test	90	
China Standard of EL	CSE 6	
Cambridge First Cert.	С	
Cambridge English Adv.	С	
CEFR	B2	
OET	250, C	
Pearson Test of English	Overall: 45	

The Academy requires that English and Chinese program applicants meet the TOEFL or IELTS requirements at the time of admission. A student may be exempt from the English language assessment exams if he/she has successfully completed a two-year (60 semester credits or 90 quarter credits) baccalaureate level or graduate level education in an institution accredited by an agency recognized by the U.S. Secretary of Education.

In addition to admissions requirements for the MAcCHM program, the following criteria applies:

- A. Applicants must have a GPA of at least 2.5 in all course work and at least a 2.0 in any individual course.
- B. The application process requires the following:
  - File a completed application form with a \$100 application fee (\$200 for foreign students) and one (1) passport-sized color photo. Apply online http://acchs. edu. (applicants must evidence a valid form of U.S. federal or local government-issued identification upon request).
  - 2. Submit an updated resume, which outlines educational and professional development.



- Submit a typed, full page, single-spaced statement of purpose essay, which explores his/her personal reasons for wanting to study and practice Chinese medicine.
- 4. Ensure that official transcripts, documenting all previous post-secondary education credit applicable to Academy admissions requirements, display credit units/class hours and are sent directly to the Academy.
- 5. Three letters of recommendation.
- In the process of admissions application, an admissions interview may be arranged.
- 7. Accepted applicants will be notified of the Admissions Office's decision in writing.
- 8. An admissions packet will be provided prior to registration.

The admissions office will not consider an application from a student who has been dismissed from any school for legal, ethical, or moral reasons.

## ADMISSIONS FOR FOREIGN STUDENTS

- 1. The Academy accepts foreign students and is approved under the United States Department of Justice to enroll non immigrant alien students (USCIS school file number SFR 214F 1515 [E-21]). As an academic institution of higher education, the Academy is authorized to issue a Certificate of Eligibility, Form I-20 for F-1 student status. Visa services are not provided by the Academy, and the Academy will not vouch for student status and any associated charges.
- 2. Foreign students interested in enrolling at the Academy must comply with all admissions requirements listed under Admission Requirements section of this catalog.
- 3. Foreign students must also submit a Declaration of Finance form to be completed by their bank. This document must show sufficient financial resources, with a minimum of US \$20,000 for one academic year to cover education and living costs.
- 4. If written in a foreign language, foreign students must have their official transcript(s) accompanied by

a certified document providing English translation of course names, hours and grading system. College work completed outside of the United States must be evaluated by a foreign transcript evaluation agency.

The Academy currently recommends the following evaluation agencies:

## International Education Research Foundation Inc.

P.O. Box 3665 Culver City, CA. 90231-3665 Tel: 310-258-9451 Web Site: ierf.org

or

Educational Records Evaluation Service 601 University Avenue, Suite 127 Sacramento, CA. 95825-6738 Tel: 916-921-0790

Web Site: eres.com

or

International Education Evaluations 7900 Matthews-Mint Hill Rd. Suite 1A Charlotte, NC. 28227 Tel: 704-772-0109

Web Site: myiee.org

- 5. A \$200 nonrefundable application fee and \$200.00 deductible admissions deposit fee.
- 6. All I-20 foreign students are required to enroll full-time, which is defined for the purposes of immigration as a minimum of 12 trimester units each term. Questions regarding visa status, accommodations, etc. should be directed to the Admissions office.

If the Academy or the U.S. Department of Education has reason to believe an applicant's high school completion is not valid, the applicant must submit documentation from the secondary school that confirms the validity of the student's diploma. The Academy is required to confirm with the department or agency in which the applicant's secondary school is located that the high school completion is from a recognized provider of secondary school education.

#### READMISSIONS AFTER LAPSE IN ATTENDANCE

Students who have not registered for more than three trimesters (one year) must apply for readmission and may be required to submit a new application with supporting documentation. Applicants must meet the admissions and degree requirements in effect at the time of readmission, follow the new curriculum, and pay the tuition according to the most current standards. Students seeking readmission should write an application letter for readmission and have all official transcripts from any other institutions attended, during the period not attended, forwarded directly to the admissions office.

#### TRANSFER CREDIT POLICIES

The Academy of Chinese Culture and Health Sciences has not entered into an articulation or transfer agreement with any other college or university.

The Academy may grant academic credit for a course taken previously, provided it was completed at:

- a university or college accredited by an agency recognized by the U.S. Secretary of Education;
- a post-secondary educational institution approved or authorized by an appropriate governmental agency in the jurisdiction in which it is located, or
- a program approved by the California Acupuncture Board and accredited by ACAHM <u>and</u> if the course name, credits, and necessary course descriptions indicate that the course meets the requirement of the Academy.

Up to 50% of the program's total credit requirements may be transfered when transferring from an Acupuncture Board and/or BPPE approved or ACAHM accredited school. Of that 50%, no more than 25% of the program clinical training requirements may be accepted as transfer credit. The maximum credit for traditional Chinese medicine (TCM) transfer courses from a school not approved by the Acupuncture Board (must be BPPE approved) is 50% of the ACCHS curriculum (MAcCHM) or required individual courses or subjects. 100% maximum transfer credit may be awarded for an applicant's corequisite Western medical science courses from an institution that is recognized by the U.S. Secretary of Education.

Up to 100% of transfer credit may be awarded for courses completed successfully in basic sciences and clinical medicine at a school which is approved under Article 4 (commencing with Section 94770) of Chapter 7 of Part 59 of the Education Code or by an accrediting agency recognized by the U.S. Secretary of Education.



Up to 50% credit, by transfer or challenge exam, for clinical practice coursework and instruction in acupuncture and Oriental medicine principles, theories and treatment procedures completed successfully at a school which is not approved by the Acupuncture Board may be awarded by a school approved by the Acupuncture Board, provided that at least 50% of the course hours in individual subjects are completed successfully at a school approved by the Acupuncture Board.

Any student who wishes to transfer prior credit must submit a written Transfer Credit Form to the program administrator for review and receive approval within the first year of enrollment in the program.

## In addition:

- Courses must be completed with a grade of 2.0 (C) or better; and the overall GPA for such courses must be 2.3 (C+) or better.
- Transfer courses completed more than five years earlier must be evaluated and approved by the Admissions Committee;
- Courses completed at foreign institutions must first be evaluated by a foreign transcript evaluation agency. Foreign courses may be transferred only upon the approval of the Admissions Committee;
- MAcCHM courses completed at an institution not accredited by an agency recognized by the U.S. Secretary of Education, pending Admissions Committee approval, will require a challenge exam.

## TRANSFER CREDIT FOR EXPERIENTIAL PROFESSIONAL LEARNING

The Academy recognizes that significant graduate level learning can be accomplished outside of the traditional classroom environment and that properly evaluated prior experiential professional learning can be used for completion of some curriculum requirements. For general education or Western science requirements, the Academy accepts the College Level Examination Program (CLEP) assessment and testing procedures for prior evaluation. The Academy will accept a maximum combined 20 semester units of CLEP and/or challenge exam credit, with a passing score in each subject. Please note that the Academy counts individual subject exams for transfer credit but does *not* count general exams. Information regarding the CLEP testing agency can be obtained from the Academy's admissions office.

#### ADVANCED PLACEMENT

The Academy may recognize advanced placement credit that has been awarded to Academy applicants from accredited schools, colleges, or universities approved by the U.S. Secretary of Education.



## REGISTRATION

#### **REGISTRATION STATEMENT:**

- Registration for first years and transfer students is held during New Student Orientation week. Continuing students must register online, using the ACCHS Student Portal, during their designated time, beginning three weeks prior to the end of each trimester. Each student will be provided with a registration packet, which includes all registration and academic advising information.
- All students who wish to register for clinical training must fill out registration forms, which are distributed prior to registration, and register with the approval of the clinical administrator.
- Students can register for advanced courses: once completion of corresponding prerequisite courses has been verified; once the previous trimester's tuition has been fully paid; and with receipt of clinical training requirement materials.
- 4. Students who do not register during the announced designated time will be required to pay a late registration fee of \$30.00.



In the Clinical Theater class, students learn to distinguish and understand the many effects of acupuncture treatment.

#### ADD / DROP CLASSES:

Students may add and drop courses, without charge, during the first week of school, with approval from the administration. A fee of \$50 will be charged each time thereafter. The end of the third week is the last day to add classes. All add / drop requests must be submitted in writing to the administration office for processing. See the Academic Calendar for exact drop deadline dates. See Academic Regulations policies on page 23.

#### CANCELLATION OF ADMISSIONS OR REGISTRATION:

The Academy reserves the right to cancel the admission or registration of individuals whose attendance at the Academy, in the opinion of the appropriate administrative officers and faculty, is not mutually beneficial to that person and to the institution.

Applicants must submit all academic records from all other institutions attended for an academic performance evaluation. If it is proven that an applicant has gained admission to the Academy through incomplete or fraudulent credentials, or that there are misrepresentations in the written application for admission, the individual may have his/her:

- admission and registration canceled without any refund;
- total credit rescinded that was earned following such admission; and
- 3. future registration at the Academy prohibited.

The Admissions Committee has the right to verify the accuracy of transcripts/documents. If it is determined that a student sought admission on the basis of incomplete or fraudulent credentials or misrepresentations in the written application for admission, the student will be notified in writing of the admissions office's intention to take one or all of the above actions.

The student has ten days thereafter to reply in writing. The admissions office will then make a determination and recommend appropriate actions to the president. Subsequently, the student will be notified in writing of the action to be taken. The student may file a written appeal to the president within ten days. The president's decision is final.



## **CURRICULUM**

## THE MASTER OF SCIENCE IN ACUPUNCTURE AND CHINESE HERBAL MEDICINE PROGRAM

The Master of Science in Acupuncture and Chinese Herbal Medicine is a four academic year professional degree curriculum designed to prepare graduates to be effective, competent, and caring members of the Chinese medicine profession. The Academy's MAcCHM program can be completed in three calendar years/ four academic years by full-time students. The curriculum is divided into two portions: the pre-professional courses of the first two calendar years; and the graduate courses of the final calendar year. The pre-professional courses are considered to be equivalent to the latter two upper division years of a baccalaureate program. Written and practical comprehensive examinations are given in order to assess and determine each student's eligibility for the next level of study and for graduation.

The Chinese arts of acupuncture, acupressure, herbal prescription, Taiji and qigong, and meditation are all based upon the study of the foundational theories of yin and yang, the five elements, and eight principles. The practitioner of traditional Chinese medicine is able to determine the condition of the patient's health by feeling and studying the pulse, observing the tongue, and asking specific questions. Whether the diagnosis is understood and explained in terms of the meridians, the internal zangfu organs, qi and blood, nutrition, or lifestyle, the patient's imbalances and the practitioner's treatment plan are always unified by the coherent framework which is traditional Chinese medicine.

By practicing Taiji Quan and qigong, students learn that simple, graceful, moving meditation takes motivation, dedication, perseverance and sensitivity. Development of these character traits through meditative practice helps students to sustain the rigorous academic program and develop the perception necessary to practice an energetic form of medicine.

#### UNIT / CLOCK HOUR CONVERSION

One academic unit is equal to 15 hours of didactic instruction or 30 hours of clinical instruction. Clinical studies receive half the units of lecture instruction hours; because, clinical studies require less outside preparation.

#### TIME CONSTRAINTS AND LIMITATIONS

The Master of Science in Acupuncture and Chinese Herbal Medicine curriculum is a four academic year program. The program can be accomplished within 3.3 years/40-months of full-time studies. Instruction within the academic program is presented over nine consecutive terms consisting of three 15-week trimesters per each calendar year. All credit earned is awarded in terms of trimester units.

A student may elect to engage in part-time studies. In this case, a study plan will be designed to ensure that the program can be completed within the desired time period. For the Master of Science in Acupuncture and Chinese Herbal Medicine degree to be awarded, students are required to complete all studies within eight years of initial matriculation.



"Your fellow students and classmates help you through the program...and you end up making best friends with the people around you."

## NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at the Academy of Chinese Culture and Health Sciences is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the MAcCHM degree you earn in the MAcCHM program is also at the complete discretion of the institution to which you may seek to transfer. If the MAcCHM degree that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the Academy of Chinese Culture and Health Sciences to determine if your MAcCHM credits will transfer.



# 3.3 YEAR (FULL-TIME) CURRICULUM SCHEDULE 2023 - 2025

## PRE-PROFESSIONAL CURRICULUM (Course Levels 100 - 200)

GRADUATE CURRICULUM (Course Levels 300 - 400)

Course Name	Course No	Unit/Hour	Prerequisites	Total Unit/Hour
TERM I: Fall (15 weeks) 1st Year				10 u / 150 hrs.
Foundations of TCM I Taiji & Qigong I Meridian Theory & Point Classification History of Medicine TCM Terminology	OM140 OM146 AT170 PD134 OM139	3 / 45 2 / 30 3 / 45 1 / 15 1 / 15	None None None None None	
TERM II: Spring (15 weeks) 1st Year				12 u / 180 hrs.
Foundations of TCM II Taiji & Qigong II Acu Points I Herbology I Western Medical Pathology I	OM141 OM147 AT172 HM150 BS117	3 / 45 2 / 30 3 / 45 2 / 30 2 / 30	OM140 OM146 BS114, AT170 None BS114, BS115	
TERM III: Summer (15 weeks) 1st Year				13.5 u / 202.5 hrs.
Foundations of TCM III Acu Points II Acu Techniques I Herbology II Review I Western Medical Pathology II	OM142 AT173 AT174 HM151 RV126 BS118	3 / 45 3 / 45 2 / 30 3 / 45 .5 / 7.5 2 / 30	OM141 AT172 BS114, AT170, HM150 OM142, HM150 BS117	AT172 0, BS117, AT170, AT172
TERM IV: Fall (15 weeks) 1st Year				13 + 2 u / 255 hrs.
Pre-Comprehensive Examination TCM Diagnosis I Acu Techniques II Clinic Procedures (CNT & Orientation) Herbology III Western Medical Pharmacology Research Methodology Clinic I (Observer I)	OM143 AT175 AT171 HM152 WM120 PD135 CP181	3 / 45 2 / 30 1 / 15 3 / 45 3 / 45 1 / 15 2 / 60	OM142 AT174 None HM151 BS118 None BS116, AT173, corequisite AT1	AT174, HM151, 71
TERM V: Spring (15 weeks) 2nd Year				12 + 4 u / 300 hrs.
TCM Diagnosis II Tui Na - Acupressure Technique Acu Techniques III Herb Formulas I Western Medical Diagnosis I (+ Lab) Clinic II (Observer I)	OM144 AT239 AT276 HM253 WM221 CP282	2 / 30 4 / 60 2 / 30 2 / 30 2 / 30 4 / 120	OM143 None AT175 HM152 BS118 AT171, CP181	



				-QADEN?
Course Name	Course No	Unit/Hour	Prerequisites	Total Unit/Hour
TERM VI: Summer (15 weeks) 2nd Year				13.5 + 4 u / 322.5 hrs.
TERM VI. Summer (15 weeks) znu tear				13.3 ± 4 u / 322.3 IIfS.
TCM Diagnosis III	OM245	2 / 30	OM144	
Orthopedic Acupuncture	AT277	3 / 45	AT276	
Herb Formulas II	HM254	3 / 45	HM253	
Review II	RV227	.5 / 7.5		, WM120, AT276
Western Medical Diagnosis II (+Lab)	WM222	3 / 45	WM221	,
Nutrition & Vitamins	BS219	2 / 30	BS111	
Clinic III (Observer II)	CP283	4 / 120	CP282	
TERM VII: Fall (15 weeks) 2nd Year				13 + 4 u / 315 hrs.
Basic Comprehensive Examination	4.7070	0.400	4.7070	
Acupuncture Treatment I	AT278	2/30	AT276	
Herb Formulas III	HM255	3 / 45	HM254, HM253	
Western Medical Sciences I	WM223	3 / 45	WM222	
Public Health	PH236	2/30	BS117	
Ethics	PM230	1 / 15	None	
Practice Management	PM231	2/30	None	
Clinic IV (Pre-Internship)	CP284	4 / 120	CP283	
TERM VIII: Spring (15 weeks) 3rd Year				15 + 6 u / 405 hrs.
3 (				
Acupuncture Treatment II	AT379	2 / 30	AT278	
TCM Internal Medicine I	HM360	3 / 45	OM245, HM253	
TCM Gynecology	HM362	3 / 45	HM255, OM245	
Introduction to Four TCM Classics	HM365	4 / 60	OM245, HM255	
Western Medical Sciences II	WM324	3 / 45	WM223	
Clinic V (Pre-internship - Internship)	CP385	6 / 180	CP284	
TERM IX: Summer (15 weeks) 3rd Year				12.5 + 6 u / 367.5 hrs.
Acupuncture Treatment III	AT380	2 / 30	AT379	
TCM Internal Medicine II	HM361	3 / 45	OM245, HM255	
Herb Pharmacology & Chinese Nutrition	HM356	2/30	HM255	
Review III	RV328	.5 / 7.5	HM255, OM245	, AT379, WM324
Western Medical Sciences III	WM325	2/30	WM324	
Case Management I	CM332	3 / 45	WM235, OM245	5, HM255, HM361, AT380
Clinic VI (Internship)	CP386	6 / 180	CP385	
TEDM V. Fall (15a alsa) 2::4 Va ar				445   0 / 207 5
TERM X: Fall (15 weeks) 3rd Year Final Comprehensive Examination				14.5 + 6 u / 397.5 hrs.
	OM348	3 / 45	UN345 FIN355	HM361 AT370
Clinical Applications of TCM (Case Studies) TCM Research Seminar			OM245, HM255	
	OM349	2/30	PD135, OM245,	
TCM Traumatology	HM363	2/30	HM255, OM245	
TCM Traumatology	HM364 CM333	3 / 45 3 / 45	HM255, OM245 CM332	
Case Management II CALE Review	CIVI333 RV330	3 / 45 1.5 / 22.5	OM245, HM255	HM361 AT370
	CP387	6 / 180	CP386	, I IIVIOU I, ATO/9
Clinic VII (Internship)	UF301	0 / 100	UF300	l l



ELECTIVES (Optional; not limited to the following, and pending faculty availability):

Electives will be offered on a rotating basis. The school strives to bring experts in their area to ACCHS in order to offer the most relevant electives possible. As we review potential electives we will offer those we find meaningful and deem most useful.

#### COMPREHENSIVE EXAMINATIONS

Comprehensive exams are given in order to assess the students' readiness for the next level of study. The first, pre-comprehensive exam, held in the fourth trimester, measures cognition of core TCM concepts. The second, basic comprehensive exam, held in the seventh trimester, measures the students' academic readiness to progress to the professional curriculum. The third, final comprehensive exam, held in the tenth trimester, evaluates students' academic readiness to graduate.

Students must obtain a passing score on each exam, determined by a criterion-referenced method of establishing the passing point (73%). Specific information and requirements for the comprehensive exams are found in the student handbook and in the comprehensive exam preparation guide.

## Pre-Comprehensive Examination:

Taken upon completion of the integral first-year courses, including the Review I course, Foundations of TCM II, Meridian Theory, Acu Points II, Acupuncture Techniques I, Herbology I, Anatomy, Physiology, and Western Medical Pathology II. Students who do not successfully complete and pass the pre-comp can enroll in a tutoring program before advancing in the curriculum. Students must pass the pre-comp in order to take the Basic Comprehensive Examination.

## Basic Comprehensive Examination:

Taken upon completion of and including material from all classes prior to the Basic Comprehensive Examination, including the Review II course, Acupuncture Techniques III, Herbology III, TCM Diagnosis III, Western Medical Diagnosis II, and all corequisites. Also, students must have completed a minimum 180 hours of practical clinical training. Successful completion of this examination is required in order to advance beyond 500 hours of clinical training. In addition to the Basic Comprehensive Exam, students must successfully complete a basic clinical exam in herb identification and case studies. Successful completion of this examination is required prior to advancing in the practical clinical training. Practical clinical training registration may

be blocked until the student can successfully complete the Basic Comprehensive Examination.

## Final Comprehensive Examination:

Taken upon completion of and including materials from all MAcCHM courses prior to the 10th term, as well as corequisite science courses. Also, students must have completed a minimum of 500 hours of practical clinical training. Successful completion of the final comprehensive examination is required for graduation.





## **CLINICAL TRAINING**

Before enrolling in the teaching clinic, each student is individually responsible for completing the required didactic courses, submitting an HBV vaccine or waiver form, successfully completing a certified adult/child CPR& First Aid course (10 hours), as well as submitting the results of a health exam, which includes a Tuberculosis (TB) test. Also, the student must satisfy the proficiency in English, complete the Western Medical Terminology course, CNT, and clinic orientation requirement before beginning their clinical training.

In their 960 hours of clinical training, students advance from observer (0 - 300 hours) to pre-intern (301 - 550 hours) to intern (551 - 960 hours) only upon recommendation by their clinic supervisor and clinic director. A student must complete 350 patient treatments with at least 60 different patients.

Students are expected to be professional both in appearance and attitude, being neat and clean at all times. The clinic assigns white lab coats with a name tag appropriately identifying the students as observer, pre-intern, or intern. Attentiveness and sensitivity to the needs of patients, clinic supervisors, staff, and fellow students must be practiced. Additional information about clinic policies can be found in the clinic handbook.

Pending ACCHS approval, students may exercise the option to complete 200 hours of clinical externship training. Externship training is practical clinical training completed outside the Academy's on-site teaching clinic. For detailed information regarding externship clinical training, contact the ACCHS administration offices.

**COREQUISITE HOURS:** 

TOTAL ACCHS CURRICULUM - didactic hour

- clinic hours

- CPR & First Aid

TOTAL CLOCK HOURS TOWARDS MAcCHM:

20 units / 300 clock hours 129 units / 1,935 clock hours 32 units / 960 clock hours 10 clock hours 181 units / 3,195.00 clock hours 3,205.00 clock hours



In the ACCHS teaching clinic, students watch carefully as the supervisor demonstrates tongue diagnosis procedures.



## FINANCIAL INFORMATION (FEES AND EXPENSES)

Application Fee (nonrefundable):

U.S. Resident \$100.00 Foreign Student \$395.00

Transfer (Transcripts) Credit Analysis (NON-REFUNDABLE) 50.00
Registration Fee: (NON-REFUNDABLE) 30.00

STRF (NON-REFUNDABLE) .00 / \$1,000 tuition

Facility Fee 25.00

Credit Card Processing Fee (NON-REFUNDABLE)

2% on all transactions

Graduation Fee / Graduation Processing Fee200.00Pre-Comprehensive Exam70.00Basic Comprehensive Exam100.00Final Comprehensive Exam130.00

Tuition Fees for Credit:

Didactic Course Instruction309.00 / unitClinic Instruction20.60 / hourMalpractice Insurance for Clinic40.00 / trimester

Transfer Credit Processing Fee (not applicable to GE courses): 30.00 / per unit Late Registration Processing Fees 30.00

Late Tuition Payment Fee 30.00
Late Installment Payment Fee 30.00
Late Comp Exam Application Fee 30.00
Monthly Installment Interest: 10% / year
Add / Drop Fee (after one week of class teaching) 50.00 per form

Make-up Examination Fee:

Course Exam75.00 eachPre-comprehensive Exam50.00 eachBasic Comprehensive Exam80.00 eachBasic Clinical Exams40.00 eachFinal Comprehensive Exam110.00

Challenge Exam 70.00/ unit

Tuition Fee for Audit: Matriculating Student and Alumni (excluding elective courses) 90.00 / unit

Non-Matriculating Student and/or Any Elective Course(s) 135.00 / unit Returned Check 30.00 each

Transcript Fee: Official Copy 0 10.00 each Official Copy (certified mail) 15.00 each (two business day turnaround and two-day priority postage) 30.00 each

Unofficial Copy 5.00 each

Fee for Additional Copy of Diploma:

With Cover 50.00 each
No Cover 30.00 each
Overdue Charge Per Day 0.25 / each book

Damaged Book 20.00 / each item

Lost book Replacement Price of Original Text

Student ID Replacement 10.00

Student Document Copy Fee 30.00

NOTE: To graduate or be issued a transcript, all fees, current and due, must be paid in full.

Library Fee:

Total Charges for a Period of Attendance (based on 12 units without clinical training hours): (\$3,763.00)

(Total: \$61,437.00)

Total Estimated Schedule of Fees: Master of Science in Acupuncture and Chinese Herbal Medicine Program:

·MAcCHM Program: Tuition \$59,637.00; Fees \$1,800.00

## OTHER EXPENSES

In addition to the fees and estimated expenses outlined, when preparing a budget, all students should consider the costs of textbooks, housing and meals, health, transportation and miscellaneous expenses.



#### PAYMENT OF TUITION AND FEES

Students should be prepared to pay all tuition and fees each term at registration. All checks must be made payable to "ACCHS." Low-interest installment agreements are available to students experiencing financial difficulties. The down payment is one third (1/3) of the total amount. Students who do not pay in full or complete their installment contracts are ineligible to register for the following term, graduate, or receive transcripts of academic credit. Students will be charged \$30 for each late installment and the monthly interest is based on 10% annual interest. The processing fee for each returned check is \$25.

## STRF (Student Tuition Recovery Fund)

The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program.

It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 1747 North Market Blvd., Suite 225, Sacramento, CA 95834. Phone: (916) 574-8900 or Toll Free: (888) 370-7589.

To be eligible for STRF, you must be a California resident or are enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

- 1. The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.
- 2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution, or were enrolled in an educational program within the 120 day period before the program was discontinued.
- 3. You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
- 4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
- 5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law, or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
- 6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
- 7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of noncollection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.





#### **TUITION REFUND POLICIES**

Calculation of refunds is done based on clock hours paid for versus clock hours passed at the time of the withdrawal or dismissal. A student may withdraw and obtain a refund at any time before the end of the ninth week of the term. Detailed explanation of these policies follows:

For refund purposes, an accepted applicant may only terminate enrollment in person or by certified mail. Termination notices received by mail take effect on date of postmark.

## Full refund period - Cancellation after enrollment

When an accepted student has notified the Academy of intent to enroll by paying registration fees, the student will be considered enrolled with the newly entered class. A student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later.

## Cancellation after the full refund period

If a student cancels after the full refund period has expired, the Academy is entitled to retain the registration fee, but will refund other moneys paid according to the refund policies below.

## Tuition refund after classes have begun

A partial tuition refund will be permitted if a student cancels enrollment when classes have completed 60% or less of the instruction. The unused portion of tuition will be calculated, based upon clock hours paid for versus clock hours passed, plus the drop fee of \$50.00 per form. The student will be charged from the first day of school until the last date of attendance, including the classes not attended in between. A \$50.00 drop fee per form will be applied.

## Example of our refund policy

After enrollment (12 units), a student notified the Academy of withdrawal from classes at the end of the sixth week. They were absent on the 1st week and the 3rd week, but they attended the 2nd and 4th week of classes. The student must pay the tuition fees for four weeks of classes plus the \$50.00 drop fee. The remaining portion of the paid tuition will be refunded. There are 132 clock hours of instruction left. Calculation is as follows:

amount paid for instruction,

clock hours of instruction

not including registration fee x paid for but not yet occurred - drop fee = refund amount

Clock hours of instruction for which student has paid

\$3, 439.00

x <u>132 clock hours</u> - \$50 = \$2,471.93 180 clock hours

For the clinical training refund policy, please refer to the ACCHS Clinic Handbook.

Students dismissed from the Academy for any reason will have their tuition returned according to the above schedule. All refunds are made within 30 days of cancellation of the enrollment agreement by either the student or the Academy.

## Financial Aid Refunds

Refunds, for students who receive financial aid to cover the costs of tuition and living expenses, who drop below their full-time or part-time status, will be returned to the lender(s) to reduce the loan debt.



## **ACADEMIC REGULATIONS**

Students must observe the applicable rules and regulations of the Academy. Failure to do so, may result in disciplinary action.

#### ATTENDANCE AND DECORUM

Inconsistent attendance is a serious concern to the faculty and administration because it jeopardizes a student's eligibility to obtain licensure in many states, restricts the depth and scope of an individual's educational progress, and often results in only achieving the institution's minimum requirements, only achieving levels of professional development below the student's potential.

Faculty are required to take and record daily student attendance. Students who miss more than 20 percent of any individual class must make an appointment with the administration within five days to assess their attendance problem. The administration may allow students with absences totaling less than 30 percent, in any individual class, to return to class, depending on their mitigating circumstances. Otherwise, an "F" grade will be assigned and the course must be repeated. Three tardies will be counted as one absence. Using attendance forms provided by the administration office, instructors are directed to track and report any student attendance deficiencies by the middle of each trimester.

The Academy emphasizes the importance of knowledge of the healing arts, as well as maintaining respectful and ethical conduct. It is important to remember that in the classroom as well as in the clinic, decorum is an integral part of the learning process. Tardiness, absence, inappropriate attire, poor attitude, eating during class, etc. are viewed as showing a lack of respect and may be grounds for disciplinary action.

#### **COURSE GRADES**

Grading is done on the four-point system, and their interpretations are as follows:

Grade	Interpretation	Grade Point	Equivalent %
Α		4.0	94 -100
A-	Excellent	3.7	90 - 93
B+	Good	3.3	87 - 89
В		3.0	83 - 86
B-	Moderate	2.7	80 - 82
C+		2.3	77 - 79
C (P)	Minimum Passing	2.0	73 - 76
C- to D-	Fail	1.7 - 0.7	60 - 72
F (NP)	Fail	0.0	0 - 59
In	Incomplete	0.0	0

Individual instructors may grade certain courses on a P/NP basis (Pass/ No Pass). A "No Pass" will be included in an individual's grade point average as 0.0. A "Pass" will be reflected in the GPA as a 2.0 and will be counted as completed credit. A failed course must be repeated and passed before the student enrolls in any course for which the failed course is a prerequisite.





#### GRADE OF INCOMPLETE

For a didactic course in which the student fails to complete required work before the end of term, the instructor may optionally assign an Incomplete as an alternative to a grade of Fail only if:

- the student requests an Incomplete credit before the end of the term;
- the student has made arrangements in writing with the instructor for completion of the course requirements by a specified date;
- the arrangement has been approved in writing by the administration; and
- the Incomplete will be converted to a grade by the beginning of the following trimester.

## TRANSCRIPT GRADES FOR REPEATED COURSES OR CLEARED INCOMPLETES

Grades for courses repeated to clear a failure, to improve a low grade(s), or to clear an incomplete will be transcribed on the student academic record, showing both the original grade and the new grade.

## LATE EXAMINATIONS OR IRREGULARLY SCHEDULED EXAMINATIONS

Course examinations that are taken late or scheduled irregularly must be requested in writing by the student within the first week of the following trimester and must be completed by the end of the second week of the following trimester. All late, make-up, or irregularly scheduled examinations must first be approved by the instructor. Students will receive a "P" (Pass) or "NP" (Not Pass) on the make-up/retake exam, the exact determination to be made by the instructor. An irregular exam fee of \$75.00 will be charged for the time spent by the instructor in preparing an alternate exam and for added administrative costs. If the student does not schedule or take the make-up/retake exam before the specified time, the student will receive a "NP" for the course. The course must be retaken, and any newly registered courses, of which the original is a prerequisite, will be dropped automatically.

#### **AUDITING**

Students may register to audit a class when they have completed all of the course prerequisites, and upon approval of the administrator. Students auditing classes must follow the general rules and regulations that apply to all students, such

as those regarding attendance, decorum, student conduct, etc. Failure to abide by school rules, as an audit student, will result in disciplinary action. Under no circumstances will an audit course be converted to credit.

#### CHALLENGE EXAMINATIONS

MAcCHM courses completed at an institution not accredited by an agency recognized by the U.S.Secretary of Education will require a challenge exam. The student must receive a passing score on the challenge exam for credit in the subject. The score will not be factored or reflected in the student's GPA.

#### LEAVE OF ABSENCE / WITHDRAWAL

A student who chooses to interrupt their course of study may apply to the administration for a leave of absence. Each request will be considered individually and on its own merits. Students who drop a class before the last day to drop will receive a "W" on their transcript. Students who drop after the drop date will receive an "F" grade for the course(s).

#### ACADEMIC PROBATION AND DISMISSAL

Students must maintain a 2.3 grade point average (GPA) each trimester in order to maintain good academic standing. A student whose GPA falls below 2.3 will be placed on a two-trimester academic probationary period, during which the student must maintain a 2.3 GPA for each trimester within the probationary period. Mandatory tutoring shall be required during the first trimester of probation. Any class not completed with at least a 2.0 must be retaken at the next available time. Probationary students who have maintained a 2.3 GPA for the length of the probationary period will have their probationary status removed. If a student fails to maintain a 2.3 GPA for each trimester during the two-trimester, probationary period, they will be dismissed from the Academy.

If dismissed, students may be considered for readmission after a significant amount of time separated from the Academy and after the student has demonstrated some or all of the following: Remedial course work at an accredited college; academic or personal counseling; or demonstration of having overcome the difficulties that led to the dismissal. Once a student is readmitted, they are expected to maintain at least a 2.7 trimester GPA. Failure to do so after being readmitted may result in immediate and final dismissal from the Academy.

Restriction: The course credit load of a student who has been academically dismissed or is on probation will be determined through consultation with an academic advisor.



#### ACADEMIC NOTICE

A student will be put on academic notice when they have failed a course twice. The Academy will dismiss the student if on the third attempt s/he is unsuccessful at passing the course.

#### INVOLUNTARY WITHDRAWAL

A student's continued enrollment at ACCHS is a privilege based not only on satisfactory scholastic status and adequate clinical TCM psychomotor skills, but also upon good psychological health and personal conduct. If, in the opinion of the faculty, administration and/or dean of the Academy, a student demonstrates evidence of a psychological problem, an informal meeting will be scheduled with the student to inquire into their conduct or attitude. Subsequent to this meeting, the administration will seek professional opinions as to the likely implications of such conduct from the Academy. If it is determined that counseling is suggested or necessary, an effort will be made to have the student attend counseling on a voluntary basis. However, refusal to obtain counseling, initially or on a subsequent basis, shall be cause for involuntary withdrawal from the Academy. The administration shall inform the student, in writing, of the effective date of the involuntary withdrawal.

## STUDENT CONDUCT

After a review by the board of directors, a student may be dismissed for failure to follow Academy regulations or for disrespectful behavior to a student, administrator, faculty member, and/or clinic patient. Any conduct or action, which endangers life, violates the law, or violates the physician-patient relationship, is also grounds for dismissal. The name of any student so dismissed shall be reported to the California Acupuncture Board, Division of Allied Health Professions, and Board of Medical Quality Assurance.

## UNLAWFUL (SEXUAL) HARASSMENT POLICY

The Academy vehemently prohibits sexual, racial, and other forms of harassment by its faculty, staff, and students. The Academy maintains a policy that prohibits harassment on the basis of sex, race, religion, color, national origin, disability, medical condition, marital status, age, sexual orientation, or any other basis protected by federal, state, or local ordinance or regulation.

## **DISCIPLINARY ACTION**

Violation of regulations of the Academy could lead to suspension, expulsion, termination, and in the context of criminal activity, referral to law enforcement agencies. If you have further questions regarding the regulations of the Academy, please contact the admissions office at 510-763-

7787, Monday through Saturday between the hours of 9:00 A.M. - 5:00 P.M. Also, refer to section *Involuntary Withdrawal* of this catalog.

## ACADEMIC INTEGRITY / DISHONESTY POLICY

Plagiarism and cheating are offenses against the integrity of the courses in which they occur and against the ACCHS community as a whole. Plagiarism and cheating involve intellectual dishonesty, deception, and fraud, which inhibit the honest exchange of ideas. In accordance with the Academy of Chinese Culture and Health Sciences Student Conduct policy, students are entitled to notice of what constitutes plagiarism and cheating, and the right to appeal penalties. Plagiarism and cheating may be grounds for dismissal from the institution. For definitions, penalties, and procedures, refer to the current ACCHS *Student Handbook*.

## A DRUG-FREE ENVIRONMENT

Employees and students of the Academy are hereby notified that the unlawful manufacture, distribution, dispensation, or possession of alcohol or a controlled substance is prohibited in all areas of ACCHS. Action will be taken against any employees/students for violating such prohibition.

## STUDENT RIGHTS AND GRIEVANCE PROCEDURE

Students with concerns about academic or administrative rulings or procedures should first bring their concern directly to the instructor or administrator involved. If resolution is not possible, the complaint should then be presented in writing (or online form submission) to the Grievance Committee, which will hear the matter and respond with a decision within ten working days of receipt. If the Grievance Committee's decision does not provide resolution, an appeal for review can be made to the Academy's president on behalf of the Board of Directors. Any resolution will be kept in both the student file and school grievance file. Also, after initiating the institutional Grievance Procedure, the student may report any grievances to BPPE and/or ACAHM, respectively (see page 5 of this catalog for contact info.).

#### STUDENT RECORDS

Student records are kept in individual charts in a fireproof cabinet in the Academy administrative office. The Academy maintains school and student records for 50 years and maintains transcripts permanently. Please note that all admission documents submitted to the Academy become the property of the Academy and will not be returned to the student.



## STUDENT SERVICES

## ADVISING AND CONSULTATION

The Academy's academic advisors and administration staff provide consultation services to students in order to either direct them to appropriate counseling agencies for personal services or help them solve their academic issues.

## WI-FI

Students have access to the Wi-Fi on the 1st and 2nd floors. Also, Internet accessibility is provided in the Library. Students may go on-line during normal business hours. Students may access the Academy's wireless Internet services using their own Wi-Fi compatible devices. More information on wireless settings can be found in the Academy administration offices.

## STUDENT LOUNGE

Student lounges are available on the Academy's 1st and 2nd floors, with microwave ovens and refrigerators for student convenience, and with a space for group or individual clinical case study.

#### STUDENT ID

An ID will be issued to MAcCHM program students at the beginning of the trimester. Students must evidence their ID when checking out materials from the library or when purchasing herbs in the Academy clinic. Also, students may use their ID to receive discounts wherever applicable.

## STUDENT TUTORING CENTER

The ACCHS Tutoring Center on the second floor offers free tutoring for students in need of extra academic assistance. Students may inquire about computerized tutoring exercises, tutoring appointments, and tutor assistance.

## **BOOKSTORE**

All textbooks, reference materials, herb samples, medical charts, etc. are available at the school bookstore, with discounts provided. Per specific requests, the bookstore helps place specific orders for student groups.

#### **HEALTH CARE**

The Academy teaching clinic is available for students and their immediate family. Health care is provided at only \$20 per visit. Herbs are additional at a reduced price.

## STUDENT SUPPORT SERVICES

Prospective students are encouraged to contact ACCHS early in the admissions process in order to receive assistance and information about services. Students with disabilities need to apply for admission to the Academy using the standard admissions process. Current students may also be eligible for one or more services, depending on the specific nature of their disabilities. Disability verification must be provided to the administration office when registering at ACCHS. The Disability verification must be in the form of a certified document from a qualified medical professional. Please see the *ACCHS Student Handbook* for more information.

## STUDENT REQUEST FORM

Student requests should be submitted on a "Student Request Form," which may be found in the administration office or on the ACCHS website. Completed student request forms should be given to an administration official or dropped in the administration mailbox (located outside the main administration door) if no counselor is available. When a determination is made by the administration regarding the request, the counselor will notify the student in writing.

#### **ORIENTATION**

The Academy provides an opportunity for new students to become acquainted with the campus, the Academy system, and other aspects of ACCHS student life. In addition, new students can meet classmates and professors and can begin to feel at home, sharing intellectual and social activities before the academic program begins.

## REFUSAL OF SERVICE TO STUDENTS

The Academy may refuse any type of service to a student who has an outstanding balance of unpaid tuition and/or fees. The Academy may refuse services to a student who has terminated college matriculation with financial obligations remaining unpaid.



## **GRADUATION REQUIREMENTS**

All students will be held to graduation requirements, which were in effect at the time of their admittance to the Academy, barring a change in state law, or state or national authorization of the Academy's MACCHM degree program. All candidates for graduation from the Academy must:

- 1. Complete each class and term of clinic with a grade of 2.0.
- 2. Maintain a GPA of at least 2.3 in all graded work.
- 3. Pass comprehensive examinations.
- 4. File a Notice of Candidacy for Graduation during the final term before graduation.
- 5. Have cleared all financial obligations to the Academy, including the graduation fee, which covers the costs of: California licensure exam application processing; diploma and diploma cover; renting cap and gown; and attendance at the graduation ceremony.

When a candidate for graduation has completed all requirements listed above, their file is reviewed for degree eligibility by the Academic Standards Committee. Those candidates who have satisfactorily met all the requirements set forth by the Committee are awarded the degree of Master of Science in Acupuncture and Chinese Herbal Medicine.

## POST GRADUATION

## **LICENSURE**

Licensure to practice acupuncture in the State of California is regulated by the Acupuncture Board of California, located in Sacramento, California. Licensure in other states is regulated by individual states, respectively. Applicants should review the licensure regulations in their state.

The MAcCHM program prepares individuals to become licensed physicians of Chinese medicine and acupuncture, and the MAcCHM degree provides the eligibility for individuals to take the California state licensing exam (CALE) and the National certification exam (NCCAOM). For more information about licensure in California, contact the California Acupuncture Board, 1747 N. Market Blvd, Suite 180, Sacramento, CA 95834; telephone (916) 515-5200; fax (916) 928-2204 (acupuncture.ca.gov)

For more information about the NCCAOM certification exam, contact the NCCAOM, 76 South Laura Street, Suite 1290, Jacksonville, FL, 32202, USA; telephone (904) 598-1005. Website: http://www.nccaom.org

## **PLACEMENT**

The Academy posts notices of known job openings on an online group forum and refers students to successful alumni and practitioners; though ACCHS offers no guarantee of employment.

## DOCTORAL OF ACUPUNCTURE & ORIENTAL MEDICINE

The ACCHS Doctorate of Acupuncture and Oriental Medicine (DAOM) program provides licensed acupuncturists with an opportunity to deepen their studies of Chinese medicine, increase their clinical competence and confidence, and become leaders in the field of TCM.

ACCHS DAOM candidates will specialize in Classical Chinese Medicine, as well as Orthopedics and Pain Management. This dual focus will bolster students' understanding of the foundational principles of Chinese medicine, greatly increase their proficiency with herbal medicine, and give them the tools to successfully treat and manage pain conditions in today's integrative healthcare landscape. In addition, the curriculum is designed to optimally prepare students to thrive in the changing landscape of US healthcare.



## **FACULTY**

## Mary Arnold, MSTCM, L.Ac. (faculty)

Educational Background: MSTCM and DAOM from Academy of Chinese Culture and Health Sciences.

<u>Present Positions</u>: Instructor/supervisor at Academy of Chinese Culture and Health Sciences; private practice at Mary Arnold's Acupuncture.

<u>Previous Position</u>: Fitness instructor at Bay Club Marin. Mary's personal includes Acupuncture, Herbal Medicine recommendations, Diagnostic and Nutritional Lifestyle Counseling, Cupping, Electrical Stimulation, Therapeutic Massage and Exercises.

## Nico Bishop, B.A., MSTCM, L.Ac. (faculty)

Educational Background: B.A., Chinese Literature from National Taiwan University; Tui Na certified from the American College of Traditional Chinese Medicine; MSTCM from Academy of Chinese Culture and Health Sciences. DAOM candidate from at ACCHS.

<u>Present Positions</u>: Instructor/supervisor at ACCHS, private practice in Richmond, CA.

<u>Previous Position</u>: Freelance translator; massage therapist. Nico is a lifelong learner and practitioner in the healing arts and traditional Chinese medicine. She is experienced in many holistic healing modalities and techniques, including Reiki, Tui Na massage, Tai-chi, Chi gong, color and aromatic therapies, soul-mind-body medicine and TCM spiritual psychology.

## Holly N. Boland, L.Ac. (faculty)

<u>Educational Background</u>: MSOM from Meiji College of Oriental Medicine, 2000

<u>Present Positions</u>: Instructor/supervisor at ACCHS, private practice in San Francisco, CA.

Previous Position: Holly N. Boland is a licensed acupuncturist in San Francisco with a specialty in family practice. Since February 2001, she has treated adults and children of all ages with pain, digestive disorders, allergies, reproductive health, insomnia, and anxiety/depression. She currently teaches Western Medical Sciences and is a clinical supervisor at ACCHS.

## Yen-Wei Choong, MSTCM, L.Ac. (core faculty)

Educational Background: B.S. in Marine Science, The College of Chinese Culture, Taiwan, 1974; B.A. in Chinese Medicine, China Academy, Taiwan, 1980; MSTCM from ACCHS, 1993.

<u>Present Positions</u>: Board member and professor at ACCHS, private clinical practice in San Anselmo, CA.

<u>Previous Position</u>: Dean of academic affairs, ACCHS; Private clinical practice in Taiwan.

Mr. Choong studied Chinese medicine at the China Academy in Taiwan. Later he taught acupuncture and theory of Chinese medicine at the Mei Yun Clinic in Taiwan. He has practiced acupuncture and herbal medicine in Taiwan and the U.S. since 1978. Currently he is director of the Yellow Emperor Natural Healing Center in San Anselmo.

## Xia Chen, B.S. (guest lecturer)

<u>Educational Background</u>: B.S. in Physical Science at South China Normal University, Guang Zhou, China, 1986; Advanced studies in C.A.D. and electronic circuits at South China University of Technology, 1991.

<u>Present Positions</u>: Chinese TCM Program and Tuina Administrator at ACCHS; Instructor at ACCHS.

Previous Positions: Physics instructor.

After she graduated from South China Normal University, she taught General Physics, Electric & Color Television Principles , as well as coordinated student affairs for ten years. In America, she worked at Zoom Inc, as an engineer, repairing computers for customs service.

## Winston Chung, B.A., L.Ac. (faculty)

<u>Educational Background</u>: B.A., Industrial Arts, San Diego State University, CA, 1983; Traditional tutorial with Acupuncturist Andrew Wu, 1990-1994.

<u>Present Positions</u>: Associate Professor at ACCHS, private practice in San Jose, CA.

Previous Position: Private clinical practice in Taiwan.

Mr. Chung studied Chinese medicine at SFCA from 1989 to 1991 and at ACCHS from 1992 to 1994. He has maintained a private practice in the San Jose since 1994.



## Joe Davis, DAOM, L.Ac. (faculty)

<u>Educational Background</u>: B.A. from UC Berkeley; MSTCM and DAOM from ACCHS; Certified NADA detoxification specialist from Lincoln Recovery Center, Bronx, NY; Healing apprenticeship and Daoist studies with Liu Ming.

<u>Present Positions</u>: Co-founder of Octagon North Oakland Community Acupuncture Clinic; Didactic Instructor and Clinical Supervisor at ACCHS; Instructor at Golden Gate School of Feng Shui; Acupuncturist for Crossover Health.

<u>Previous Position</u>: Clinical Intern at Lifang Liang's fertility clinic in SF, Taiji and Qi Gong instructor at Fitness SF and Club One.

## Athene Eisenhardt, DAIM, L.Ac. (faculty)

<u>Educational Background</u>: Graduate of Five Branches University (honors).

<u>Present Positions</u>: Instructor at ACCHS; private practice in Oakland, CA.

<u>Previous Position</u>: Athene found her path in medicine by way of the plant world. Working professionally as a field botanist for Yosemite National Park led her to begin wildcrafting and using native California plants as medicine, and to study the Taoist 5 elements in nature. Athene is an active volunteer with the migrant Latinx community. Athene teaches Case Studies and Gynecology at ACCHS, as well as offering Herb Walks whenever she can.

## Jason Frye, MSTCM, L.Ac. (core faculty)

<u>Educational Background</u>: MSTCM at ACCHS, 2009; Acupressure Institute, 1998.

<u>Present Positions</u>: Instructor at ACCHS, private practice in Oakland.

<u>Previous Positions</u>: Tuina practitioner and teacher, Acupressure Institute.

Jason Frye studied at ACCHS and quickly became renown for his Tuina work and skills. He has a certificate in Tuina, is certified in Jin Shin Jyutsu and continues to teach at ACCHS.

## Han Hsiung Hsiao, B.A., MSTCM, L.Ac. (core faculty)

Educational Background: B.A. from Fu Hsing College, Tapei, 1979; MSTCM from ACCHS, 2000.

<u>Present Positions</u>: Professor at ACCHS; Tuina massage therapist at ACCHS; acupuncturist and herbalist on the Buddhist Tzu-Chi Foundation Medical team.

Previous Positions: Ma Labs, San Jose, Ca.

Mr. Hsiao graduated from college in Taipei. He studied TCM at ACCHS and became a licensed acupuncturist and Tuina therapist.

## Sharon Hennessey, DAOM, L.Ac. (faculty)

<u>Educational Background:</u> MSTCM and DAOM from the American College of Traditional Chinese Medicine.

<u>Present Positions</u>: Instructor/supervisor at the Academy of Chinese Culture and Health Sciences; practitioner at private clinic

<u>Previous Position</u>: Senior lecturer and core faculty at ACTCM & CIIS

## Amy Hess, MSTCM, L.Ac. (faculty)

<u>Educational Background:</u> MSTCM from the Academyof Chinese Culture and Health Sciences.

<u>Present Positions</u>: Instructor/supervisor at the Academy of Chinese Culture and Health Sciences; practitioner at private clinic.

#### **Previous Position:**

Amy is a Icesned acupucturist and ACCHS alumnus. Amy managed the ACCHS clinic pharmacy as an MSTCM student before graduating. Amy has created lesson plans and curriculum to improve the comprehensive review assessments at ACCHS.

## Zheng-jie Kuo, B.S. MSTCM, L.Ac. (core faculty)

<u>Educational Background:</u> Master of Science, Computer Information Science from University of Massachusetts Dartmouth; MSTCM and DAOM from the Academy of Chinses Culture and Health Sciences.

<u>Present Positions</u>: Instructor/supervisor at the Academy of Chinese Culture and Health Sciences; practitioner at Healing Remedies.

<u>Previous Position</u>: Software engineer at Charles Schwab; software engineer at Institute of Information Industry.





## Henriette Lenssen, MSOM, L.Ac. (core faculty)

Educational Background: Master of Science in Oriental Medicine from the Acupuncture and Integrative Medicine College in Berkeley, CA.; Master of Science in Biology from the University of Utrecht; DAOM from ACCHS.

<u>Present Positions</u>: Instructor at ACCHS; paractitioner at AIMC, private practice.

Previous Positions: Instructor of Taiji and Qi Gong.

Henriette treats many different syndromes and illnesses within the broader scope of family practice, but has a speciall interest in women's health and cancer patient support.

## Wei Lou, L.Ac. (faculty)

<u>Educational Background</u>: Economic Law at Beijing University; acupuncture and massage at Beijing Jinghua Medical University and Beijing University.

Present Positions: Instructor at ACCHS

<u>Previous Positions</u>: Health consultant at Beijing University; instructor.

## Sapphyre Miria, MSTCM, L.Ac. (faculty)

<u>Educational Background</u>: BS Biochemistry from Virginia Tech. MSTCM from Academy of Chinese Culture and Health Sciences, DAOM candidate at ACCHS.

Present Positions: Instructor at ACCHS

Previous Positions: Health consultant/herbalist.

Sapphyre discovered her love for medicinal plants and began studying herbalism. She received her MSTCM from ACCHS and currently teaches chemistry/biochemistry while treating patients at her private practice and pursuing her DAOM at ACCHS.

## Teresa Ng, B.S., MSTCM, L.Ac. (faculty)

Educational Background: B.S. Arizona State University; M.S. in Traditional Chinese Medicine at ACCHS 2007; Advance study of Chinese Medicine in Guang Zhou Chinese Medicine University in China.

<u>Present Positions</u>: Instructor at ACCHS; Director of Student Tutoring Center at ACCHS; Acupuncture practice in the East Bay.

<u>Previous Positions</u>: Tutor and interpreter at ACCHS. Interpreter for California Licensed Acupuncturist Association. Teresa started learning Chinese medicine when she was a teenager from her parents' integrated private clinic that specialized in both Western Medicine and Traditional Chinese Medicine in Macau. Teresa had the privilege to work for the famous 93 years old Chinese Medicine Master, Dr. Lee, a specialist in gynecological disorders.

## Li-Chun Ou, Ph.D. DOM, L.Ac. (faculty)

<u>Educational Background</u>: Doctor of Oriental Medicine from South Byalo Uinversity, 2006, Doctor of Philosophy from American Global University, 2000

<u>Present Positions</u>: Professor at ACCHS; Private practice in Oakland, CA.; acupuncturist for Concentra Medical Group Oakland.

<u>Previous Positions</u>: TCM instructor at NSUHS; Bay Area Comprehensive Spine and Sports Medical Group; Military Services General Hospital in Taiwan.

Dr. Ou received a fellowship from the American Institute of Acupuncture Orthopedics and Traumatology. He also holds a QME in California, has received numerous accolades in California.





## Karin Parramore, MSOM, L.Ac., CH (core faculty)

<u>Educational Background</u>: MSOM from National College of Natural Medicine, 2012; B.A. from Western Carolina University. DAOM candidate at ACCHS.

<u>Present Positions</u>: MSTCM Dean of Academic Affairs, ACCHS; Instructor at ACCHS; Independent practice.

<u>Previous Positions</u>: Faculty at Ashford University, Faculty at American College of Healthcare; Faculty at East West College; Adjunct faculty at National College of Natural Medicine. Ms. Parramore has an extensive history and pedigree in healthcare and education. She has numerous publications in health and traditional Chinese medicine, has an long history as an educator at several institutions of higher learning, and has experience in several TCM specialties, including cosmology and online education.

## Andrea Riveros, MD (Colombia) MSTCM, L.Ac. (faculty)

<u>Educational Background:</u> MD from Colombia; MSTCM from ACCHS, 2018; DAOM candidate at ACCHS.

<u>Present Positions</u>: Instructor at ACCHS; Clinical Administrator at ACCHS; private practice.

Previous Position: MD in Colombia

Ms. Riveros is an experienced instructor in Western medical sciences and is the current Clinical Administrator at ACCHS, overseeing clinical instruction and operations.

## Laura E. Reese, MSTCM, L.Ac. (faculty)

<u>Educational Background:</u> MSTCM from ACCHS; National Holistic Institute; Kenyon College.

<u>Present Positions</u>: Instructor at ACCHS; Co-owner of Octogon Community Acupuncture; Private practice.

<u>Previous Position</u>: Certified massage therapist; Registered yoga instructor.

Ms. Reese is an exceptional practitioner and TCM instructor. Her passion for healing has proven effective through the many testmonials and support received at Octogon Community Clinic.





## Jackie Shek, M.S., L.Ac. (faculty)

<u>Educational Background:</u> M.S., California State University, San Francisco, 1989; Ph.D. in Epidemiology, University of California, San Francisco.

<u>Present Positions</u>: Associate professor at ACCHS; instructor, CSU-SF, research associate, UCSF, private practice in TCM, San Francisco, CA.

<u>Previous Position</u>: Professor, San Francisco College of Acupuncture and American College of Traditional Chinese Medicine. After earning her M.S. degree at San Francisco State University, Ms. Shek continued her graduate studies at the University of California, San Francisco. She is currently finishing a Ph.D. in Epidemiology. Ms. Shek has taught at San Francisco State University, as well as at colleges of traditional Chinese medicine throughout the Bay Area.

## Phil Settels, MSTCM, L.Ac. (core faculty)

<u>Educational Background</u>: MSTCM and DAOM from ACCHS. <u>Present Positions</u>: Instructor and Clinical Administrator at ACCHS; Ph.D. candidate at Nanjing University; private practice.

<u>Previous Position</u>: Octagon Community Clinic; Alameda Acupuncture.

Mr. Settels' passion for Chinese Medicine has led him to pursue advanced learning of its classical sources. He has obtained a certificate of advanced herbal studies from the Institute of Canonical East Asian Medicine and finished a mentorship program with Dr. Feng Shilun.

## Mia Stableford, DAOM, L.Ac. (faculty)

Educational Background: DAOM and MSTCM from ACCHS; Acupressure Institute, variety of professional development. <u>Present Positions</u>: Instructor at ACCHS; Supervisor at ACCHS Teaching Clinic; Private practice.

<u>Previous Position</u>: Practitioner at Double Happiness Health; Practitioner at Octogon Community Clinic; Massage therapist.

Dr. Stableford has demonstrative success as an instructor and practitioner. She has resided at various clinics throughout the Bay Area.





## Xin Zhu Xu (Hauling), B.M., MSTCM, L.Ac. (faculty)

Educational Background: B.M. in Chinese Medicine, Guang Zhou University of TCM, China, 1975; Subspeciality: Ob/Gyn in Western and Chinese Medicine, training at Lan Zhou University Hospital of Western Medicine, China, 1979; MSTCM at Guang Zhou University of TCM, China, 1989.

<u>Present Positions</u>: Professor and VP of Education at ACCHS; Private practice in San Francisco, CA.

<u>Previous Positions:</u> Integrative Chinese and Western Medical OB/GYN physician in different hospitals in China for 15 years; author of several books and research papers on Gynecology; senior medical editor at Guang Dong publishing Company in China for 6 years; professor of various TCM and integrative medical courses at AIMC, U.S. for 17 years; professor at ACCHS since 1996. She has a wealth of medical expertise and clinical experience.

## Helen L. Ye, B.M., L.Ac. (faculty)

<u>Educational Background</u>: B.M. in Chinese Medicine, Guangzhou TCM University, 1984.

<u>Present Positions</u>: Professor and Clinical supervisor at ACCHS; private practice in the Bay area.

<u>Previous Positions</u>: Dean of Academic Affairs, ACCHS; Vicechief physician at Zhongshan Hospital, Guangdong province, China; Associate Professor; and Clinical Supervisor at Guangzhong TCM University for ten years.

Ms. Ye received her Chinese Medicine degree and began specializing in gynecology. She has extensive experience as a TCM instructor and practitioner.





## Tong Zhang, B.M. L.Ac. (faculty)

Educational Background: B.M. from Guangzhou University of TCM, 1983.

<u>Present Positions</u>: Instructor and clinical supervisor at ACCHS.

Mr. Zhang received his B.M. from Guangzhou University. In the United States, Mr. Zhang retained his L.Ac. and began practicing and teaching. He has a private practice in San Francisco.

## Zhi-Bin Zhang, B.M., MSTCM, L.Ac. (core faculty)

Educational Background: Educational Background: B.M. in Chinese Medicine, Guang Zhou University of TCM, China, 1973; MSTCM at Guang Zhou University of TCM, China, 1988.

<u>Present Positions</u>: Professor at ACCHS and AIMC; private practice in San Francisco, CA.

<u>Previous Positions</u>: Mr. Zhang served as Instructor of Guang Zhou University of TCM and Ji Na University of Medicine for 22 years before coming to the United States. He has published numerous TCM books and articles reflecting his clinic research; professor of various TCM courses at ACCHS since 1993, at AIMC since 1997; acupuncturist at Acupuncture Department of NEMS (North East Medical Services) for 5years. He has a wealth of medical expertise and clinical experience.

## Ronyaun Zhao, MSTCM, L.Ac. (core faculty)

Educational Background: Graduated from Western medicine, Jiaozuo Health and Medical School, PRC 1983; B.M. Western Medicine, Xinxiang Medical College, PRC 1999; MSTCM at ACCHS 2006

<u>Present Positions</u>: Professor at ACCHS; private practice in Fremont and Redwood City, CA.

<u>Previous Positions</u>: Physician in Jiaozuo Colliery Central Hospital in1980-1995; Physician in Shanghai Xinhua Hospital, PRC 1995-1996; Deputy Chief Physician in Jiaozuo Colliery Hospital from 1999. Instructor at ACCHS, 2012.

He has been teaching at ACCHS since 2012 and has practiced acupuncture in Fremont and Redwood City since 2006.





## **COURSE NUMBERS & DESCRIPTIONS**

General Biology BS110 (3 units/45 hrs.): The course is a study of the origin of life systems; of biological molecules, and organization of living things at the subcellular, cellular and organismic levels; and of the activities of living forms in obtaining and utilizing energy and materials in growth, maintenance and reproduction. The course is an examination of living things. It will include the principles of information storage, transmission and utilization at the levels of the cell and organism. There will be a discussion of the mechanisms of evolutionary change in the diversification of living things; and of energy flow and biochemical cycling. Pre-requisites: None

General Chemistry BS111 (2 units/30 hrs.): This is an introductory course in fundamental chemical concepts.

Topics include atomic structure, periodic classification of elements, stoichiometry, solutions, acids and bases, pH and buffers, the gas laws, and chemical equilibrium.

Pre-requisites: None

**Biochemistry** BS111bio (1 unit/15 hrs.): An introduction to the study of the structures and physical properties of biological molecules, including proteins, carbohydrates, lipids, enzymes, vitamins, energy utilization in the cell (ATP), DNA and radioisotopes. Emphasis is placed on physiological function. Pre-requisites: None

General Physics BS112 (1.5 units/22.5 hrs.): The course introduces fundamental principles of physics in mechanics, electricity, and modern physics as applied to conservation laws: energy, momentum, etc. An in-depth analysis of several selected topics including equilibrium, energy, momentum, rotation, electric fields and potentials, current and resistance, magnetic fields and forces, electromagnetic properties of matter, sound, electromagnetic waves, light, polarization and relativity. This course will include a survey of biophysics.

Pre-requisites: None

**Biophysics:** BS112bio (0.5 units/7.5 hrs.): The course is an introduction to the study of the application of physical sciences, to the structures of living organisms, and the mechanisms of life processes. Its subjects include bone, nerve impulses, muscle, and vision, as well as organic molecules, using such tools as paper chromatography, X-ray crystallography, optical methods, such as absorption spectroscopy and laser as well as the response of organisms to various kinds of radiations.

Pre-requisites: None

General Psychology BS113 (2 units/30 hrs.): The course introduces the students to a broad spectrum of psychological research and thought. Topics will include biological psychology, perception, consciousness, memory, language, problem solving, intelligence, emotions, personality, psychotherapy, social interactions, and development. Emphasis will be placed on the science of psychology, the ways psychosocial science has impacted our understanding of human nature and behavior, and the training on psychological counseling skills.

Pre-requisites: None

Human Anatomy BS114 (4 units/60 hrs.): The course is a study of basic structure, including cellular structure and histology. Topics covered will include: integumentary, skeletal, and nervous systems, blood and the circulatory, immune, respiratory, digestive, excretory, endocrine, and reproductive systems. The course will give an overview of normal structure as well as selected structural changes due to dysfunction of cells, tissues, and systems for in-depth study of both health and disease.

Pre-requisites: None

Human Physiology BS115 (4 units/60 hrs.): The course is a study of function, including cellular function (including cellular respiration, protein synthesis, and cell division) and organ function. Topics will include integumentary, skeletal, and nervous systems, blood and the circulatory, immune, respiratory, digestive, excretory, endocrine, and reproductive systems. The course will give an overview of normal function as well as selected dysfunction of cells, tissues, and systems for in-depth study of both health and disease.

Pre-requisites: None

Western Medical Terminology BS116 (2 units/30 hrs.): This course is an introduction to the specialized language of medicine through the study of Greek and Latin prefixes, suffixes, and root words. Students will develop a familiarity with the highly technical and specialized terminology of modern medicine.

Pre-requisites: None



Western Medical Pathology I BS117(2 units/30 class hours): Western Pathology I is the first part of a survey of the nature and mechanisms of disease and illness, including cell injury, inflammation, neoplasm, immunopathology, chromosomal abnormalities, systemic pathology, psychopathology, microbiology, and epidemiology. At the end of BS117, students will have a basic understanding of pathologies at the molecular and cellular levels, and of the cardiovascular, hematological, respiratory, gastrointestinal, renal and urinary systems.

Pre-requisites: BS114, BS115

Western Medical Pathology II BS118 (2 units/30 class hours): Western Pathology II is the second part of a survey of the nature and mechanisms of disease and illness, including cell injury, inflammation, neoplasm, immunopathology, chromosomal abnormalities, systemic pathology, psychopathology, microbiology and epidemiology. At the end of BS118, students will have a basic understanding of pathologies at the reproductive, endocrine, and nervous systems. An overview over dermatological and orthopedic pathologies will be given as well.

Pre-requisites: BS117

**Nutrition and Vitamins** BS219 (2 units/30 hrs.): The course focuses on the study of human nutrition, which includes the assimilation and utilization of vitamins and minerals. The course uses a biochemical and medical paradigm.

Pre-requisites: BS111

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Western Medical Pharmacology WM120 ( 3 units/45 hrs.): The course provides the student with an overview of basic pharmacological principles, terminology, and the use of drug references. These concepts are applied to help the student understand drugs and their application to the treatment process. At the end of the course, students understand the mechanisms and uses of most common prescription drug classes that their patients may be taking.

Pre-requisites: BS118

Western Medical Diagnosis I + Lab WM221 (2 units/30 hrs.): In Western Medical Diagnosis I, students will be introduced to the Western medical diagnostic methods, such as history taking, physical examination, and diagnostic tests. Students will gain knowledge and skills essential for performing a medical history and physical examination. The Course emphasizes patient interviewing, acquiring a medical data base, and performing a comprehensive physical examination. Lectures and reading assignments

emphasize the introduction to history taking, examination, and case write-ups. One hour didactic, one hour lab.

Pre-requisites: BS118

Western Medical Diagnosis II + Lab WM222 (3 units/45 hrs.): In Western Medical Diagnosis II, students will learn the techniques of the physical examination and practice these techniques in the setting of a normal physical examination. Students will be able to orderly perform a complete physical examination and begin to differentiate between a screening physical examination and a more focused examination, and when each type of examination is indicated. Finally, students will demonstrate how to use instruments, including an oto-ophthalmoscope, stethoscope, reflex hammer and tuning forks. Two hour didactic, one hour lab.

Pre-requisites: WM221

Western Medical Sciences I WM223 (3 units/45 hrs.): Upon completion of Western Medical Sciences courses, students will have learned the clinical presentation and treatment of the current major diseases seen in Western medical practice. Furthermore, students will recognize red-flag cases that need urgent referral to an MD or emergency room, how to interact with Western medical practitioners, and demonstrate diagnostic skills and physical exam techniques. This first part of the Western Medical Sciences trilogy will focus on: Infectious diseases, Hematology, Neurology, Musculoskeletal Disorders and Endocrinology

Pre-requisites: WM222

Western Medical Sciences II WM324 (3 units/45 hrs.): Upon completion of Western Medical Sciences courses, students will have learned the clinical presentation and treatment of the major diseases seen in Western medical practice today. Furthermore, students will recognize redflag cases that need urgent referral to an MD or emergency room, how to interact with Western medical practitioners, and demonstrate diagnostic skills and physical exam techniques. This second part of the Western Medical Sciences trilogy will focus on: Diabetes, Renal Disorders, Gastrointestinal, Liver, Gallbladder & Pancreatic Disorders, Gynecology & Immunology

Pre-requisites: WM223



Western Medical Sciences III WM325 (2 units/30 hrs.): Upon completion of Western Medical Sciences courses, students will have learned the clinical presentation and treatment of the major diseases seen in Western medical practice today. Furthermore, students will recognize redflag cases that need urgent referral to an MD or emergency room, how to interact with Western medical practitioners, and demonstrate diagnostic skills and physical exam techniques. This third and last part of the Western Medical Sciences trilogy will focus on: Dermatology, Pulmonary Medicine, Cancer, Cardiology & Geriatrics & Gerontology. Pre-requisites: WM324

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Ethics PM230 (1 unit/15 hrs.): The course is designed to elaborate to students both American and Chinese medical ethics and state acupuncture laws.

Pre-requisites: None

Practice Management PM231 (2 units/ 30 hrs.): The course introduces the basic knowledge of acupuncture practice requirements, teaches how to build up and develop an office, set up accounting and billing systems, insurance claims, professional liability, and record keeping, etc.

Pre-requisites: None

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Case Management I CM332 (3 units/45 hrs.): An introduction to appropriate theoretical case management procedures of acupuncturists. Included will be the nature of primary care responsibility, secondary and specialty care responsibilities, functional assessment testing, pyschosocial assessment, treatment planning and communication, referrals and recommendations, prognosis and future medical care, final case review, and completion of patient care.

Pre-requisites: WM325, OM245, HM255, HM361, AT380

Case Management II CM333 (3 units/45 hrs.): The course covers practical, advanced, and special case management procedures, covers injury and illness prevention, CalOSHA policy, the workers compensation system, QME requirements, Medicare, and Medi-Cal, personal injury cases, medical testimony, Medical Legal Report writing, CPT coding, ICD-9 diagnostic coding, special care and seriously ill patients. Pre-requisites: None

History of Medicine PD134 (1 unit/15 hrs.): A survey of the history of medicine, emphasizing Chinese medicine, and including transcultural healing practices.

Pre-requisites: None

Research Methodology PD135 (1 unit/15 hrs.): An introduction to research methods and basic statistics that will give students the ability to critically evaluate existing research studies and to employ sound methodological practices in their own research projects. This course is the theoretical base for the TCM Research class which follows. Pre-requisites: None

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Public Health PH236 (2 units/30 hrs.): The course introduces students to public health by describing its history and its principles, including the following subjects: disease prevention, health education, health promotion, community health, the social, behavioral, and environmental factors to health and illnesses, chemical dependency, communicable diseases, public health alerts, and epidemiology.

Pre-requisites: BS117

CPR and First-Aid (10 hrs.): The course includes training in CPR and first-aid and includes topics: airway management; choking rescue; rescue breathing; CPR for adults, children and infants; first-aid for bleeding and shock victims; patient assessment; and familiarization with Automatic External Defibrillation. The student must provide an AHA CPR certificate and complete the 2-hour review session.

Pre-requisites: None

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TCM Terminology OM139 (1 unit/15 hrs.): This course familiarizes students with the pronunciation of the Chinese language with an emphasis on terms commonly encountered in a traditional medical practice.

Pre-requisites: None

Foundations of TCM I OM140 (3 units/45 hrs.): In the first part of Foundations, the students will learn the philosophy and cosmology that existed at the time the medicine was being codified. This course includes an overview of Confucian, Daoist, and Buddhist Philosophy and an exploration of the Cosmologic symbol sciences.

Pre-requisites: None



Foundations of TCM II OM141 (3 units/45 hrs.): In the second part of Foundations, the student will learn the fundamental theories on which TCM is built, including Yin Yang theory, Five Phase theory, the fundamental substances and Zang/Fu theory in detail.

Pre-requisites: OM140

Foundations of TCM III OM142 (3 units/45 hrs.): In the third part of Foundations, the student will learn about the causes of disease, the prevention of disease and principles of treatment. Students learn in detail the signs and symptoms of the patterns of disharmony.

Pre-requisites: OM140, OM141

TCM Diagnosis I OM143 (3 units/45 hrs.): TCM Diagnosis I, the first of three diagnosis courses, introduces the four methods of diagnosis "Inspection, Auscultation, Olfaction, Inquiry and Palpation". OM143 covers Auscultation, Olfaction and Inspection. Inspection will focus on building a diagnostic hypothesis starting with body typing, age and complexion. The study continues with tongue diagnosis. After completing OM143, students will be able to build reasonable pattern differentiations based on observation, to support them by auscultation and olfaction, and confirm these conclusions by tongue observation. Pre-requisites: OM142

TCM Diagnosis II OM144 (2 units/30 hrs.): TCM Diagnosis II, the second of three diagnosis courses, continues the study of the four methods of diagnosis "Inspection, Auscultation, Olfaction, Inquiry and Palpation." OM144 covers Palpation pulse diagnosis. Students will learn the 28 pulse names, images and indications. In the practical portion, students will learn the proper pulse taking procedures as well as the documentation of diagnostic findings, as a preparation for clinical training in pulse diagnosis. Furthermore, students will learn in-depth differential diagnosis based on Zang-Fu organ, eight principles, six channels, four stages as well as qi, blood and body fluids differentiation. Pre-requisites: OM143

TCM Diagnosis III OM245 (2 units/30 hrs.): TCM Diagnosis III, the last of the diagnosis courses, continues the study of the four methods of diagnosis "Inspection, Auscultation, Olfaction, Inquiry and Palpation". OM245 covers Inquiry and is the culmination of all previous study of Foundations and Diagnosis courses. Upon completion of OM245, students will know how to deduce patterns based on the "10 Questions" of Chinese medicine. Students will be able to ask questions purposefully, draw reasonable conclusions and come to a proper diagnosis that leads to an appropriate treatment plan. Pre-requisites: OM144

Taiji & Qi Gong OM146 (2 units/30 hrs.): The class covers the daily practice of Taiji Quan and Qi Gong, strengthens and harmonizes the body, enabling the student to learn the energy channels of the body firsthand. The practice of Taiji Quan functions as a bridge to good meditation. In turn, it leads to a dynamic understanding of traditional Chinese medicine through the unification of mind, breath and action. Pre-requisites: None

Taiji & Qi Gong OM147 (2 units/30 hrs.):The class further explores the daily practice of Taiji Quan and Qi Gong, strengthens and harmonizes the body, enabling the student to learn the energy channels of the body firsthand. The student learns several foundational stretching, basic way of meditation and Qi Gong exercises, and the basic postures of the traditional short Taiji form.

Pre-requisites: OM146

Tui Na Acupressure Technique OM239 (4 units/60 hrs.): Chinese massage therapy is an integral part of Traditional Chinese Medicine, is a system of both diagnosis and treatment. Students learn the principles, characteristics, uses, and techniques of Tui Na; theory, functions and internal-external pathways of the 14 primary channels; and clinical applications.

Pre-requisites: None

Clinical Applications of TCM (Case Studies) OM348 (3units/45hrs.): The course emphasizes case studies and disease diagnosis through analysis of patients' history and examination, then applies TCM treatment and therapeutic methods

Pre-requisites: HM361, AT379, OM245, HM255

TCM Research Seminar OM349 (2 unit/30 hrs.): Students will learn how to search TCM scientific information through classroom lecturing, discussion, and field training, through self study and academic references of selected topics. Students will design a TCM research subject, conduct TCM research and write a paper under the professor's instruction. Basic theories and ideas are presented and discussed.

Pre-requisites: PD135, OM245, HM255, AT380

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Herbology I HM150 (2 units / 30 hrs.): Herbology I marks the Students beginning of the studies of the Chinese medicine Materia Medica herbs. Upon completion of HM150, students will be able to recognize the names of all of these herbs when spoken, spell the names in proper pinyin and know how to pronounce them accurately. Students will be able to visually identify and correctly categorize these herbs into their proper chapters and subchapters according to the text. Finally, students will demonstrate understanding of the functions of herbs based on the chapter and subchapter that they are categorized in.

Pre-requisites: None

Herbology II HM151 (3 units/45 hrs.): The Herb II course provides a detailed introduction to herbs that release surface, clear heat, cool blood, clear damp heat; relieve toxicity; clear summer heat, purgatives, moist laxatives, harsh expellants; drain dampness; expel wind damp; expel hot and cold phlegm; stop cough and asthma, aromatic transform dampness.

Pre-requisites: None

Herbology III HM152 (3 units/45 hrs.): Part III provides a detailed introduction to herbs that relieve food stagnation; regulate qi; stop bleeding; invigorate blood, warm interior, and expel cold; tonify qi and blood; tonify yang, stabilize; settle the spirit; open orifices; stop internal wind; expel parasites and external application.

Pre-requisites: None

Herbology-Formulas I HM253 (2 units/30 hrs.): Formula I is an introductory course to formulas and serves as a bridge between the study of single herbs and complex formulas. The core of Chinese herbal Medicine is based on the relationships between various herbs. In this course, students will learn about the proper pairing of medicinals to improve results. Upon completion of HM253, students will have acquired knowledge of the foundational theories that govern herbal combination, including: A Brief History of Herbal Formulas in China, Techniques for Combining Herbs, Relationship of Formulas to Strategies, Hierarchies of Ingredients, Types of Formulations for Ingestion or External Application. Students will also learn 100 of the most common herbal combinations that appear frequently in herbal formulas. Through the proper pairing and combining of medicinals, students will be able to construct formulas using time-tested combinations, as well as modify standard formulas to fit individual needs.

Pre-requisites: HM150, HM151, HM152

Herbology-Formulas II HM254 (3 units/45 hrs.): The second part of Herb Formulas includes: release surface, clear qi level heat, cool the blood, clear heat toxin, clear heat form the organs, clear the false heat, purge, moisten the intestine, tonify and purge, harmonize the liver and spleen, stomach and intestine, stop malaria, warm interior and channels, tonify qi, blood etc.

Pre-requisites: HM150, HM151, HM152

Herbology-Formulas III HM255 (3 units/45 hrs.): This course includes: stabilize and bind, calm the spirit, open orifices, regulate qi, blood, relieve food stagnation, transform dampness, clear phlegm and stop coughing, extinguish internal wind, moisten the dryness, expel parasites etc.

Pre-requisites: HM150, HM151, HM152

Herb Pharmacology & Chinese Nutrition HM356 (2 units/30 hrs.): The course is an overview of herb pharmaceutical interactions in the clinical setting, including the prevention of adverse reaction to herb formulas. The course also introduces Chinese dietary theory and clinical dietetic practice as a branch of TCM.

Pre-requisites: HM255

TCM Internal Medicine I HM360 (3 units/45 hrs.): Through the study of this course, students will systematically understand the TCM pathogen and pathology from common diseases of Internal Medicine. Students will be able to determine treatment based on the differentiation of symptoms and signs, the rules of herb prescriptions, and also the principles of TCM treatments of acute and complicated diseases. Therefore, in future clinical practice, students will be able to independently treat common & frequently occurring disease by applying the basic theories, knowledge and skills of courses. This course emphasizes introduction of common diseases including flu, catch cold, fever, cough, asthma, fluid retention, abscess, tuberculosis, stomachache, vomiting, damp obstruction, edema, diarrhea, dysentery and cholera, etc. Cases studies will be presented and their diagnosis and treatments will be discussed.

Pre-requisites: HM254, OM245



TCM Internal Medicine II HM361 (3 units/ 45 hrs.): Based on the knowledge students have learned from Internal Medicine I, further introduction will be given on common diseases including constipation, flanks pain, jaundice, dysuria, oliguria, low back pain, arthritis, diabetes, insomnia, palpitations, depression, chest pain, dizziness and vertigo, etc. Case studies will be presented and their diagnosis and vertigo, etc. Case studies will be presented and their diagnosis and treatments will be dissuaded.

Pre-requisites: HM254, OM245

TCM Gynecology HM362 (3 units/45 hrs.): Gynecology covers the traditional Chinese medical view of anatomy and physiology, and explores the special characteristics of female pathophysiology, the importance of the menstrual cycle as an indicator of systematic balance, and the principles of Chinese diagnosis and medical treatment, including mestrual diseases, diseases associated with pregnancy, postpartum diseases, and other gynecological diseases.

Pre-requisites: HM255, WM324

TCM External Medicine HM363 (2 units/ 30 hrs.): After reviewing the fundamentals of general care practice and previously learned related material (covered in other classes), students will examine in depth the diagnosis and treatment of both surgical and dermatological problems. Case histories will be presented and discussed.

Pre-requisites: HM255, OM245

TCM Traumatology HM364 (3 units/ 45 hrs.): Covers the classification of injuries and the diagnostic and therapeutic methods used in treating them. A range of bone, joint, and soft-tissue ailments will be covered, including fractures, dislocation, and internal injury.

Pre-requisites: HM255, OM245

Introduction to Classical Texts HM365 (4 units/60 hrs.): Having built a solid foundation in Traditional Chinese Medicine theory, students will be introduced to the general basic ideas from the classical texts: Daode Jing, Huainanzi, Huang Di Nei Jing, Shang Han Za Bing Lun and others.

Pre-requisites: HM255, OM245

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Meridian Theory & Point Classification AT170 (3 unit/45 hrs.): Meridian Theory will introduce the student to the various channel systems (primary, luo connecting, divergent, sinew, 8 extra), including their pathways and levels. Students will learn the point categories: the five shu (transport) points, the five phase points, the xi-cleft points, the yuan-source points, the luo connecting points, the backshu points, the front-mu points, the hui-meeting points, the confluent points of the eight extraordinary vessels, the four and six command points, the points of the four seas. Upon completion students will have acquired knowledge of the internal and external pathways of the 12 primary channels and their associated luo connecting vessels, sinew vessels and divergent channels. Students will also know the paths of the 8 extraordinary vessels and their luo connecting vessels. Pre-requisites: None

Clinic Procedures, CNT & Orientation AT171 (1 unit/15 hrs.): The course introduces students to the skills and procedures that are required to maintain a safe and competent acupuncture practice. The course includes sections on sterility, asepsis, hygienic practices, and practical clinical guidelines. The course emphasizes practical technique and introduces clinic regulations, guidelines, and policies.

Pre-requisites: None

Acu Points I AT172 (3 units/45 hrs.): The course introduces the basic knowledge of Acupuncture and covers the following: meridians theory, the study of acupuncture points, the study of meridians methods of locating acupoints and the study of points theory-du meridian, ren meridian, lung meridian, large intestine meridian, stomach meridian, spleen meridian, and the pathways, symptoms, points, connecting points, indications and needling techniques along with precautions.

Pre-requisites: BS114, AT170

Acu Points II AT173 (3 units/45 hrs.): The course covers the following: heart meridian, small intestine meridian, urinary bladder meridian, kidney meridian, pericardium meridian, sanjiao meridian, gallbladder meridian, liver meridians—pathways, symptomatology, points, connecting points, point functions and indications, needling technique and precautions.

Pre-requisites: BS114, AT170, AT172



Acupuncture Techniques I AT174 (2 units/30 hrs.): Students will learn to differentiate styles of needles, their appropriate applications and their safe use by maintaining a clean field. Students will be able to name indications and contraindications of bleeding, moxibustion, cupping and guasha, apply these treatments, and know how to appropriately manage and effectively prevent accidents. Holographic systems such as ear, scalp, hand and foot micro-systems will be introduced. Students will be able to identify the different parts of the ear, and find and needle its major points.

Pre-requisites: AT173

Acupuncture Techniques II AT175 (2 units/30 hrs.): In this course students will acquire a deeper theoretical knowledge of the acupuncture points, including indications, actions, and clinical relevance. Point classifications and special empirical points will be emphasized. Students will learn how to correctly needle points below the elbows and knees. Upon completion of AT175, students will be able to identify the proper needling depths, angles, precautions and contraindications for points throughout the body. Students will be able to needle points below the elbows and knees applying the proper technique, and will be able to discuss point indications and actions of the major points. Students will recognize the different styles of and be able to apply electro stimulation.

Pre-requisites: AT174

Acupuncture Techniques III AT276 (2 units/30 hrs.): Students will acquire a deeper theoretical knowledge of the acupuncture points, including their indications, actions, and clinical relevance. Students will learn, through practical application, how to correctly needle points throughout the body including torso, face and head. Upon completion students will be able to identify the proper needling depths and angles for all points and the precautions and contraindications for the major points. Students will be able to needle all clinically relevant points and apply the proper needling technique and be able to discuss point indications and actions of the channel as well as the extra points.

Pre-requisites: AT175

Orthopedic Acupuncture AT277 (3 units/45 hrs.): Orthopedic Acupuncture is an introductory course related to the evaluation and treatment of orthopedic and sports injuries. Students will learn to examine, diagnose and treat musculoskeletal injuries based on the meridian theory and acupuncture principles. Specific needling techniques and point combinations will be reviewed, and meridian palpation will be practiced. Students will be able to apply the sports acupuncture principles in the treatment of injuries, effectively diagnose and treat musculoskeletal injuries, apply the correct needling technique (depending on the patient's condition), palpate meridians to identify blockages and points of treatment, locate and use Master Tung points for the treatment of pain, and use microsystems and herbal formulas for pain management.

Pre-requisites: AT276

Acupuncture Treatment I AT278 (3 units/45 hrs.): This course introduces and discusses the following imbalances: wind stroke, dizziness, cold, cough, asthma, stomach pain, vomiting, hiccup, abdominal pain, diarrhea, abdomen bloating, jaundice, constipation, edema, retention of urine, impotence, premature seminal emission, insomnia, palpitation, epilepsy, forgetfulness, shen disturbance, manic depressive disorders, headache, facial pain, facial paralysis, back pain, hypochondriac pain, poor memory, deviation of eyes and mouth and other disease related point prescriptions.

Pre-requisites: AT276

Acupuncture Treatment II AT379 (2 units/30 hrs.): This course builds upon the information from AT 278 and covers the following imbalances: bi syndrome, wei syndrome, gynecologic conditions, pediatric conditions, skin conditions, deafness and tinnitus, eye problems, nose problems, toothache, sore throat, smoking and/or drug cessation and other point prescriptions related to patterns of disharmony.

Pre-requisites: AT278

Acupuncture Treatment III AT380 (2 units/30 hrs.): AT380 is the third of three Acupuncture Treatment Courses. Upon completion of the course, students will be able to assess a patient's condition and create the appropriate treatment plan. The treatment plan will be based on the fundamental principles of acupuncture point selection and include elements of the various systems of Chinese medicine.

Pre-requisites: AT379

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Clinic I-VII CP181, CP282, CP283, CP284, CP385, CP386, CP387: The clinical portion of the Academy program is 960 hours, part of which is devoted to the study of herbs in a clinical setting. Evidence of completion of TOEFL, Medical Terminology, an approved CPR course and a physical exam including TB test must be submitted before a student may enter the Teaching Clinic.

Review I RV126 (.5 unit/7.5 hrs.): Review I is the first of three review courses designed to reinforce the material students have learned, and prepare them for comprehensive examinations. This one-day course helps students have a general review of the main contents of each course they learned in the first year (Foundation of TCM I, Meridian Theory & Point Classification, Acupoints II, Herbology I, Human Anatomy, Human Physiology, Western Medical Pathology etc) and will offer short quizzes similar to the formatting for the Pre-Comp exam in order to offer a glimpse of what to expect. Students will leave this course well prepared for the Pre Comprehensive Exam.

Review II RV227 (.5 units/7.5 hrs.): Review II is the second of three review courses designed to reinforce the material students have learned, and prepare them for comprehensive examinations. This one-day course helps students review the contents of each main course they learned in the first and second years (with primary emphasis on the second year)--TCM Diagnosis II, Acu Techniques III, Herbology III, Western Medical Diagnosis II, Western Pharmacology, Nutrition & Vitamins etc.. The course will offer short quizzes similar to the formatting for the Basic Comp exam in order to offer a glimpse of what to expect. The students will leave this course well prepared for the Basic Comprehensive Exam.

Review III RV328 (2 units/30 hrs.): Review III is the third of three review courses designed to reinforce the material students have learned, and prepare them for comprehensive examinations. This course helps students review entirely the contents of the main courses they learned in the previous three years (with primary emphasis on the third year)--TCM Internal Medicine II, TCM Gynecology, Acu. Treatment III, Herbal Formulas III, Western Medical Sciences III etc.. The course will offer short quizzes similar to the formatting for the final Comp exam in order to offer a glimpse of what to expect. The students will leave this course well prepared for the Final Comprehensive Exam.

Clinic is presented in three stages:

- 1. Observer Level (1- 300 hours): Phase I: 180 hours supervised observation. The student does not take an active role in the evaluation, diagnosis, and treatment or patients. Student observes only. Phase II: 120 hours (181-300) – transition (at the discretion of supervisors), and while under constant supervision - clinical trainees may conduct evaluations and patient intakes, which may include observing the patient's tongue and pulse (evaluate patients etc.) Students can begin to record patient numbers. The student learns maintenance, preparation of needles, herb dispensing (including inventory control), patient record-keeping, and clerical duties. In the area of patient treatment, the student observes senior students, the supervisor and patient during interview, diagnosis, treatment and prescription of herbs, and performs Tui Na acupressure.
- 2. Pre-internship Level (301-550 Hours): The student is promoted to pre-intern. In this phase of clinical training, the student assists with taking medical history, performs Tui Na acupressure, and, under supervision, stimulates patients' needles. The student also performs patient treatment under direct supervision. The student assists the interns to interview patients, make initial diagnosis, and evaluate the patient's condition using Chinese and, when applicable, western diagnostic techniques. Under the supervisor's direction the student participates in discussions about the diagnosis and the principle of treatment, and administers needles, moxibustion, cupping, etc. Under supervision, the student starts to write patients' histories, prescribes and prepares herbal medicines for the patient.
- 3. Internship Level (551-960 hours): In the final stage, as an intern, the student assumes primary responsibility for patient diagnosis and treatment, but discusses each case with the clinic supervisor before and after treatment. The Intern is responsible for demonstrating accurate clinical procedures when treating patients, is responsible for showing pre-interns methodologies characteristic to acupuncturists within a clinical environment. The intern must show leadership, poise, and confidence when addressing assistant pre-interns and observer questions. The Intern never assumes complete authority. Each case will be reviewed and signed by the on-duty supervisor in order to maintain consistency.



#### **ELECTIVES**

TCM Psychology EL401 (2 units/30 class hours): This class provides a non-pathologizing approach to the entire range of mental, emotional, and behavioral expression utilizing the model of Dr. Leon Hammer through herbal formulas and acupuncture.

Chinese Herbal Dietetics EL402 (2 units/30 class hours): Chinese herbal dietetics is one of the traditional healing arts. Building on the theories introduced in Combined Chinese and Western Nutrition, this course offers an indepth study of the methods of herbal food preparation based on the fundamental theories of TCM, with emphasis on disease prevention. Students will learn the properties, functions, formulas and preparations of common foods, as they are used to regulate and treat commonly seen diseases.

Advanced Studies in YiJing EL403 (2 units/30 class hours): This class provides a deeper look at the YiJing and how it can be utilized in treatment.

Advanced QiGong/TaiJi EL408 (2 units/30 class hours): This course offers further study in the art of QiGong and TaiJi.

Advanced Classical Studies EL404 (2 units/30 class hours): This series offered by Dr. Givens, will explore various aspects of Classical Chinese Medical thought. Topics include Wu Yun Liu Qi; Knots, Stains, Thorns, and Obstructions; Tangve Jing, and Pediatrics.

Medical Spanish EL405 (2 units/ 30 class hours): This class offers an introduction to medical Spanish to help students be more confident when serving Hispanic patients.

TCM Otolaryngology EL406 (2 units/30 class hours): Based on the study of the physiology and pathology, this course will offer TCM diagnosis, prevention, and treatment of common problems of the eyes, ears, nose, throat, and mouth.

Advanced Diagnosis EL407 (2 units/ 30 class hours): This course Introduces the important content of the TCM Diagnosis as well as the classic and advanced methods of diagnosis in details. This is a subject that includes the main points, interrelationship and comparison of the Four Major Methods of Diagnosis, Eight principals and Differential Diagnosis both vertically and horizontally, also, analyze the application of the different diagnosis methods in clinical case study and in the previous California Acupuncture Licensing Examination.

Introduction to Combined Western & Chinese Medicine EL410 (2 units/30 class hours): The course shows its glamour by its new point of view in guiding the clinical practice, making many complicated diseases treated accordingly, hence open a new field in clinical sciences. The goal of the study of this subject is to let the students master the diagnosis and treatment methods of the combined western & Chinese Medicine, the idea of diagnosis by using the western medical theory, as well as differential diagnosis and treatment according to the TCM theory.

TCM Dermatology EL411 (2 units/30 class hours): This class introduces to the students how to describe the appearance of different skin lesion accurately and the importance of the medical record; how to explain the symptoms of the skin problems in TCM theory, differentiation of the skin diseases according to the organs, differentiation according to the four levels, differentiation according to subjective skin sensation; the principle of the treatment, internally and externally herbs and acupuncture treatment; and the diagnosis and deferential diagnosis of some common skin diseases and their different treatment.

TCM ENT EL412 (2 units/30 class hours): This class includes TCM Ophthalmology and TCM Otolaryngology, is one of the major component of the various TCM clinical sciences. It is relatively independent among the various TCM clinical sciences with prosperous contents, introducing the diagnosis and treatment of Keratitis, Glaucoma, Cataract, Central Retinitis, Unspecified Chronic Suppurative Otitis Media, Tinnitus, Deafness, Sinusitis, Allergic Rhinitis, Tonsillitis, Pharyngitis, Thyroid related diseases, and other five sensory organ diseases.



TCM Pulse Analysis Practice EL413 (2 units/30 class hours): This course builds on the training begun in TCM Diagnosis. After reviewing the fundamental principles, the course will delve deeper into the classical basis for pulse diagnosis, the roots of analysis, and the energetics behind each image. Students will perform supervised practice of pulse reading on actual patients to compare the images presented with the pattern discrimination of that patient.

Medical Chinese Conversation EL414 (1 unit/15 class hours): In this course, students will be able to warm up to what they learned in the Medical Chinese course and learn more medical terminology related to their future TCM practice. Also, students will be able to learn more about Chinese culture and language and speed up their everyday Chinese language communication skills.

Meridian Qigong EL415 (1.5 unit/22.5 class hours): This course introduces Meridian Qigonog forms. Students will trace the primary channel pathways, connect with each channel's associated internal organs and the major points of that channel. Participants will build an experiential understanding of the primary channel pathways as well as increase sensitivity to the presence and quality of qi as it moves through the points and channels. Finally, students will demonstrate their ability to teach Meridian Qigong to patients as a form of medical qigong and be able to select specific channels according to the pathology or utilize the entire form for general health benefits.

Orthopedic Anatomy, Diagnostics and Acupuncture EL416 (2 units/30 class hours): In this course, students will learn orthopedic diagnostic and treatment protocols for classical conditions. There will be an emphasis on both Oriental and Western Medical diagnostics with Acupuncture treatment protocols from Oriental and Western modalities. Treatment methods will include acupuncture and manual manipulation. Classes will have both didactic and practical elements allowing hands-on practice of various treatment techniques.

Constitutional Aesthetic Acupuncture EL417 (2 units/30 class hours): this class will show how treating the face, head and neck points can lead to both a healthier complexion and treat root issues.

Focus on the Four Arts EL418 (2 units/30 class hours): This series will cover the Four Arts of Classical China-Calligraphy, Painting, Weigi, and Music.

Mandarin EL419 (2 units/30 class hours): This class
will offer an introduction to spoken and conversational
Mandarin.

The Academy reserves the right to change any policy set forth in this catalog without prior notification to the extent that such changes do not conflict with state or federal law.